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The Wayne Herald

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Wayne Airport Authority President Travis Meyer (right) updated council members on happenings at the Wayne Municipal Airport.

Wayne City Council receives updates on airport, water projects

By Clara Osten,
clara@wayneherald.com

A presentation from the Wayne Airport Authority and an update on water in the city of Wayne highlighted Tuesday's meeting of the Wayne City Council.

Travis Meyer, president of the Wayne Airport Authority, spoke to the council and said he plans to present quarterly updates to the council on work being done at the airport.

He told the council that Phase I of the main taxi way project is nearly complete. A second phase of the project will go out for bids in March.

The goal of both phases of this project is for safety for those taking off or flying into the Wayne Airport. Plans will have an area to get off the main runways to allow for those planning to leave.

Meyer also explained the newly formed Northeast Nebraska Aviators Club. The club is designed for those who are interested in flying and these people will be able to

use the airport's simulator.

"We have established a membership fee for those joining the club with a 68787 zip code and a membership fee for those from other areas. We want to make the simulator available to people outside of Wayne and have them come to Wayne to spend their money. I would also like to work with area high schools and the college to get students here who might have an interest in some type of aviation career," Meyer said.

Wayne Water Supervisor Casey Junck presented information to the council on the city's water supply, asked for permission to add a building addition at Well 7 (located at the Golf Course) and presented information on upcoming requirements for municipal water supplies statewide.

Junck said the city is being mandated to chlorinate the water through February and told the council that in order to have the water meet the state requirements at the end of the line (south part of town), the chlorination level must be greater at the beginning of the line (north part of town). He

said the city is working with the state officials to determine what is causing the water to need to be chlorinated.

His request for a structure at Well 7 would allow space to have a chlorination unit installed. He was asked to present specifications and cost estimates to the council for this project.

Junck told the council he had recently attended a conference and was informed that schools and daycare facilities may be required to sample water for lead and copper issues. Additional details will be presented to the council as they become available.

No action was taken on a resolution which involved an owner-engineer agreement between the city of Wayne and JEO Consulting Group Inc. for consulting work on the Transmission Water Main from the North Well Field to City Limits Project.

Roger Protzman with JEO explained to the council a proposal he had put together at the city's request. It involved engineer

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Basketball, blizzards and babies — Northern State coach Saul Phillips has wild ride to Wayne

By Sarah Lentz
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A series of decisions led Northern State University's head mens basketball coach, and former Wayne State College grad assistant, Saul Phillips to take a road trip he won't soon forget. The Wolves were set to play the Wildcats on Jan. 18, and usually, Phillips would take the team bus.

"There was an alumni event in Sioux Falls that I was originally going to stay at and drive up to Wayne on game day. There was a chance to do some business stuff and knock a trip up to Sioux Falls out of the way at the same time," Phillips said.

The event meant Phillips would be driving himself in his own car, but a call from the team's bus driver told him more weather was on the way and Friday night was their best chance to make it to Wayne. Phillips agreed to drive ahead of the bus.

"If anything gets dicey I'll pull over and hop on the bus the rest of the way," Phillips said. "That was the game plan anyway."

In basketball and in life, sometimes game plans have to change and very quickly, Phillips realized his game plan wasn't going to work. Around Sioux City the bus passed Phillips but the weather was holding out.

"The weather turned on a dime about halfway between Sioux City and Wayne and all of a sudden I'm driving in a 40 mile per hour wind. It went from being just fine, no problems to 'I shouldn't be out here' and there wasn't a whole lot of alternatives," Phillips said.

Phillips' GPS took him on an unfamiliar route and he had to double back because the road he was on was drifted through. He reset his GPS for Wakefield and pushed through the storm.

"I was going about as far as I could when the wind let up just enough to let me see the road, and then I stopped and I started going again," Phillips said. "It was like a third or fourth time, when I saw the headlights in the ditch."

The vehicle in the ditch was facing the wrong direction and Phillips knew they weren't getting out by themselves, so he



Saul Phillips

stopped and knocked on the car's window and found himself in a situation more serious than three people stuck in a vehicle.

"I said 'why don't you come up and hop into my car because at least I'm on the road we got a fighting chance to get through to Wakefield. The guy in the backseat was really quiet and turns out he was having an asthma attack I didn't know that. When I got in my car she (one of two female passengers) goes, 'I'm in labor.' That's when the mood changed a little bit," Phillips said.

The stranded car held a couple, getting ready to have a baby and her mother. The Wakefield Volunteer Fire Department was unable to release their names. Before Phillips came upon their car, they had called 911 so all they could do was wait. While the mother-to-be was allegedly suffering from an asthma attack, Phillips took over the phone and talked seven members of the Wakefield Volunteer Fire Department and some civilian helpers to their location.

"We've been in the situation before, with (similar) road conditions, so we talked about the pickup going on in front of the ambulance, and the pickup was going to go slow

and ambulance was going to have visual contact with it all the time," WVFD member Larry Soderberg said.

Fire Chief Adam Ulrich said visibility was zero around 1:45 a.m. on Jan. 18. Meanwhile Phillips was preparing.

"I'm starting to make plans in my own mind, as to how am I going to configure my Nissan Pathfinder to give birth to a child. I thought it was a real possibility that this was happening," Phillips said.

The party was stranded about one and three quarters of a mile north of Wakefield. Despite the terrible conditions, the first responders said it took about 10 minutes from the fire hall to the mom in labor.

"The EMTs were so calming and professional and good," Phillips said. "And (the mother-to-be) was a rock through this whole thing. I can't imagine being in her shoes with a bunch of people who really don't know what to do next and for her to stay so calm, she was really, really brave through the entire process."

While the EMTs were getting the family into the ambulance, the Nebraska Department of Transportation's plows cut a path for the caravan, much to the appreciation of the responders. According to Ulrich, from there, the WVFD team transported the couple to the closest health care facility. A post on Phillip's wife's Facebook page shared that a baby girl, Hazel, was born a few hours later. Phillips said he was able to make it into Wayne around 3 a.m.

His wife, Nicole, is a motivational speaker, columnist and blogger who focuses heavily on acts of kindness. Little did she know on Monday her quick post about her husband's wild ride to Wayne would be shared with nearly 2,000, with the story spreading all over the U.S.

More information can be found by searching Nicole J. Phillips on Facebook. Both Nicole and Saul said they are just grateful that several unusual events put Saul on the path to be able to find the family and help them during the blizzard and both expressed gratitude to Wakefield's Volunteer Fire Department who risked their safety to help get everyone where they needed to be.

Wayne County to handle child cases support again

By Sarah Lentz
editor@wayneherald.com

The Wayne County Board of Equalization and Wayne County Board of Commissioners met Tuesday morning. Among agenda items were Child Support services and corrections to the 2019 tax roll.

County attorney, Amy Miller, asked the commissioners to consider allowing county officials to take over Child Support cases again. Currently, for Child Support issues, Nebraska's Department of Health and Human Services has a lawyer based in Madison to handle cases. If a county handles their own cases, the state will reimburse 66 percent of the cost of salary, benefits for those who work on cases.

Miller told the commissioners that last year, Wayne County had 272 cases, which she felt was low. Thurston County had around 900 cases. The State reimburses counties quarterly for the service, so Wayne County could see a sizeable increase of revenue once Child Support is handled in-county once again. Miller said she'd need to hire a full-time person to help work cases, but DHHS would completely reimburse that position. Funds from Child Support reimbursement would go to the County's general fund, but Miller asked to have budgetary discretion with a portion of it. She told the commissioners handling Child Support at the County level will also probably encourage more who need it, to use the service.

"For the County it's a benefit and it's a

huge benefit for the residents of the County who need those services," Miller said.

The commissioners voted unanimously to allow Miller to work on bringing back Child Support services at the county level. Miller said she will most likely have to change the way she runs her civil practice and has some cases she wants to close before beginning the hiring process, but expected services to begin around March or April.

A public hearing was held to receive input on maintaining the position of county surveyor as an elective position. The position will remain an elected position.

Highway superintendent Mark Casey presented a draft of the One and Six Year Plan, but told the commissioners it was an early draft and he expects changes before the Feb. 4 public meeting regarding it. He also told the commissioners he received a house-moving application asking for temporary road blocks, which he approved. He recently received reimbursements from the State for two bridges. The reimbursement totaled \$82,569.95 and represented 55 percent of the costs from two County Bridge Match Program (CBMP) projects. Two more bridges have qualified for the current round of CBMP projects.

County assessor Dawn Duffy had three corrections to the 2019 tax roll, which the board of equalization approved.

The next Wayne County Commissioners meeting is scheduled for 9 a.m. in the Wayne County courtroom on Tuesday, Feb. 4.

Little Red Hen Theatre announces 2020 season

The Little Red Hen Theatre of Wakefield, is thrilled to announce their 2020 season "Connections & Family." This season the Little Red Hen Theatre will produce the hilarious "Nana's Naughty Knickers" by Katherine DiSavino, the fun and juicy Broadway musical "James and the Giant Peach" and a lively presentation of Charles Dickens' "A Christmas Carol" adapted by Doris Baizley. The theatre will also present the smooth soul and funk of Josh Hoyer & Soul Colossal in a live music performance for their annual patron special.

"Nana's Naughty Knickers" is a slick comedy with crisp and funny dialogue, fast-paced action and a story that will keep the audience in stitches. Bridget and her grandmother are about to become roommates, but it seems her sweet grandma is running an illegal boutique from her apartment, selling handmade naughty knickers to every senior citizen in the five-borough area. Mix in a landlord looking for any excuse to evict Nana from her rent-controlled apartment and a rookie policeman who's taken with the lovely Bridget, and it's a recipe for an evening of non-stop laughter. A comedic farce fit for the young at heart, "Nana's Naughty Knickers" will be presented over three performances, March 20 - 22.

The Little Red Hen Theatre will take audiences on a family-friendly adventure with Roald Dahl's "James and the Giant Peach," July 16 - 19. The Broadway musical features a hip and diverse score, with words and music by Benj Pasek and Justin Paul, the Tony-Award-Winning team behind the popular "Dear Evan Hansen."

Rotary Potato Bake event upcoming

The Wayne Rotary Club's Potato Bake and Dessert Bar luncheon will be held at the Wayne City Auditorium on Sunday, Feb. 9 from 11 a.m. to 1 p.m.

Tickets are available in advance from Rotary members and at the door. They are also available at State Nebraska Bank. The menu includes large baked potatoes with various toppings, drink, and a wide selection of pies. Hot dogs will be available for children.

This event is the major fundraiser for the club, with proceeds used for community service projects. Most of which money goes for youth-related educational projects. A \$1,000 scholarship to Wayne State College is awarded each year to a Wayne High School senior. A \$1,000 scholarship is also awarded to a Wayne State College student who is a member of Rotaract, a college affiliate of Rotary International.

According to Bob Ens, a Rotary member who is helping organize this year's event, "the proceeds from the Potato Bake can make a difference in assisting a deserving student to pursue a higher education degree."

Proceeds from this event also help de-

An imaginative adaptation of the classic Roald Dahl book, the production promises to enchant theatre-goers of all ages. James, an orphan, is rescued from a home by two aunts, who turn out to be abusive, but James escapes and finds his real "family" of unusual creatures who live inside a massive, magical peach — and that's just the start of the adventure.

The season will come to a spirited end December 4 - 6 with an inventive adaptation of Charles Dickens' "A Christmas Carol." Relive the life and story of Ebenezer Scrooge through visual effects, gobs, mime and imagination, as told by a rag tag group of traveling players, clowns and musicians. The Christmas Spirits promise to work their magic and warm the heart of Scrooge and audiences alike in this wonderfully effective and highly theatrical production.

The season also includes a special presentation on October 17 of Josh Hoyer & Soul Colossal. Night after night at their live shows, Josh Hoyer & Soul Colossal leave it all on the table, bringing crowds authentic music.

Formed in 2012, the award-winning five-piece band includes some of the area's most revered and accomplished musicians. The band crosses musical boundaries both in style and era and promises to have the crowd dancing so much they forget even their smallest troubles. Josh Hoyer was featured as a contestant on NBC's "The Voice" in 2017, and the band recently com-

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fray the cost of providing dictionaries as a part of the Dictionary Project to area third grade students. Since the Wayne Rotary project began, more than 3,500 dictionaries have been given to students in the following schools: Wayne Elementary and St. Mary's in Wayne, Allen, Emerson-Hubbard, Laurel-Concord-Coleridge, Pender, Winside, Wisner, Walthill, Winnebago, and Omaha Nation. The goal of this project is to assist students in completing the school years ahead as good writers, active readers, and creative thinkers by having their own personal dictionary.

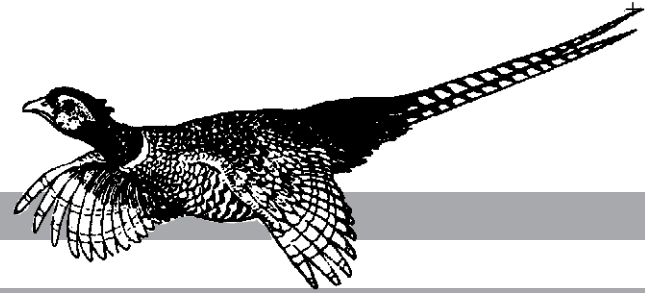
The Wayne Rotary Club also gives annual financial support to the Wayne TeamMates program. Several members serve as mentors in this program, as well.

The club continues to finance projects for Wayne schools including providing bike racks at the Elementary school and robotic kits for the after school program.

The public is encouraged to attend the potato bake to help further all of these worthwhile service programs.

Record

The Wayne Herald



Wayne State Rotaract, Wayne Rotary Clubs promote youth programs

The Wayne State College Rotaract Club is a active in campus and community service, working closely with Wayne Rotarians.

Service activities have included annual highway cleanups, food bank collection drives and more. During finals on campus, they provide

treats and encouragement, and reach out socially to residents in area nursing homes. Rotaract members are also generous volunteers

with Wayne Rotary Club activities which include the upcoming Potato Bake on Feb. 9. This event is a principle fund raiser for youth programs, scholarships, TeamMates, and the Third Grade Dictionary Project.

Some of the noteworthy youth programs coordinated by the Wayne Rotary Club include providing WSC Scholarships to Wayne High students, donating dictionaries to every third grader in 20 area schools each year and working with schools to promote health and education by coordinating numerous grants over the years to promote soccer, bicycle riding and safety, reading clubs, and this year, providing Robotics Kits for the after school program.

On Jan. 14, Lincoln Downtown Rotarian Keith Larson braved the weather to visit WSC Rotaract and Rotary members as they began a new semester. Advisor of the UNL Rotaract Club, and volunteer with

the Rotary District 5650 Youth Programs Committee, Larson shared information about the annual District 5650 Rotary Youth Leadership Awards (RYLA) camp to be held at Camp Kitaki in Louiseville, April 17-19.

RYLA is an intensive leadership development opportunity for high school sophomores and juniors to gain communication and creative problem solving skills. RYLA challenges students to 'change not only themselves but the world.'

Current Rotaract members Reganne Shrunck and Faith Walton are RYLA alumni, and shared about their experiences and the friendships gained by attending a RYLA camp while they were in high school. Wayne Rotary provides

RYLA Scholarships for Wayne area high school students to attend.

In addition to the RYLA event, Wayne Rotary has also sponsored scholarships for sophomores through senior high school students to attend the World Affairs Seminar (WAS) at Carroll University in Waukesha, Wisc. June 20-26. This year's theme is "Hunger in a World of Plenty".

Applications to attend this year's RYLA are due March 2, and May 30 for WAS.

For more information about either of these programs, or to apply for the Wayne Rotary Scholarships, interested families and students should contact Wayne Rotarian Barbara Engebretsen: baengeb1@wsc.edu



Members of the 2019-2020 WSC Rotaract Club gathered with Wayne Rotarians and guest Keith Larson for a photo. Far left are Wayne Rotary President Gary Weddel and Rotaract Advisor Darius Agoumba. Far right are Wayne Rotarian Barbara Engebretsen and Guest Keith Larson. In the center of the picture is WSC Rotaract President Marah Hestermann.

Wayne Community Activity Center project underway

Visitors to Wayne's Community Activity Center (CAC) may have noticed the beginning of what will be a project to better maximize space, according to CAC recreational service coordinator Amber Schwarte. A wall will be added, equipment moved and spaces changed to hopefully make the facility more user-friendly.

What is now the children's recreation area will now have dual purpose and become a lounge-type space. The remodeled 300 square-foot area will still have the pool tables and space for kids to relax after school, but adults will also be able to use the space during the day. Vending machines from the concessions area will be moved to the kids' room and a table and coffee

bar will be out during the school day. Once children start to come in after school the coffee bar will come down.

"It will make it easier to monitor just because after school kids will only be able to be in there and the gym, they won't be able to be over in that concessions area," Schwarte said.

A wall is being added near where the vending machines currently are, and current supply closets will be turned into cubby space for members. Once the wall is up, elliptical machines and stationary bikes will be moved into the old concession area and treadmills will be moved up in the cardio/weight room. This change is much needed as space in the Bob Keating Memorial Weight Room is so tight that often times

gym-goers will move to the back hallway to get their workout in.

"Right now a lot of people have to go into that hallway to do stuff so we're trying to eliminate that so they can stay in the fitness room," Schwarte said. "The goal is to just create more space for this area."

Long term, Schwarte said she hopes possibly adding a treadmill or two to the new more spacious room, but the key is to allow those working out to have enough space to do so. Schwarte said at this time, the project is planned to be complete around Feb. 18.

"We're really excited about this, obviously and we've heard positive feedback with our postings on Facebook. It's definitely going to open up a space," Schwarte said.

Council

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oversight on the project and allowed for approximately 15 hours of engineer services per week during the project.

Protzman also noted that the project was originally planned to be completed in four months, but after meeting with potential contractors, the construction period is now 38 weeks. Protzman said the extended time frame for the project resulted in the city receiving much more favorable bids.

The total cost for the additional engineering services, and the additional services required because of the extended completion time, was

\$115,254.

Council member Jill Brodersen questioned spending this extra money.

"We already have inspectors that have to oversee the work and the project has to meet specifications," she said.

Mayor Cale Giese said there is "no easy answer to this issue. I don't think we need to enter into a contract, but we do need to make sure city staff know it is okay to ask to have engineer services if they are not comfortable with some part of the project."

In other action, council members

approved the third and final reading of Ordinance 2019-19. This ordinance will change the city code to allow for reduced parking spaces in areas zoned R-5.

A bid of \$47,800 from Sioux Contractors, Inc. in Sioux City, Iowa was accepted for the Wayne Senior Center Room and Walk-In Freezer Addition Project.

Work is scheduled to begin Feb. 17 and completed by May 15.

Council members approved the first reading of an ordinance which will prohibit parking on either side of Summerfield Drive and Industrial Road. It was noted that this area is used extensively by the industrial businesses in the area and having vehicles parked there would not be safe.

The Wayne City Council will next meet in regular session on Tuesday, Feb. 4 at 5:30 p.m. in council chambers.



#LoveSelfie contest back on mywayne news.com

The Wayne Herald/Morning Shopper and mywaynews.com is holding their annual #LoveSelfie contest to celebrate Valentines Day. This year, submissions can be made and voted on on mywaynews.com.

On the right-hand side of the website's homepage, visitors can find the #LoveSelfie artwork. By clicking on the art or typing mywaynews.com/love-selfie into a browser, visitors will be directed to the contest page where they can share a snap of themselves with those they love whether that be a significant other, children, grandchildren or beyond. On the same page, visitors can vote for the best #LoveSelfie once a day until noon on Thursday, Feb 6. The selfie with the most votes will receive a gift basket filled with prizes from our #LoveSelfie sponsoring businesses.

"Last year we had a great response with our Facebook contest, but this year running the contest through mywaynews.com will make it easier for our readers to enter their own selfies and make it easier for everyone to vote," managing editor Sarah Lentz said.

Just in time for Valentines Day, the #LoveSelfie winners will be announced on Thursday, Feb. 13.

The contest is now open and The Wayne Herald will be putting prize previews on Facebook throughout the contest. Visit mywaynews.com/love-selfie for more information.

A Quick Look



We use newsprint with recycled fiber. Please recycle after use.

Date	High	Low	Precip	Snow
Jan. 16	18	-11	—	—
Jan. 17	18	-11	—	—
Jan. 18	33	4	.32"	5"
Jan. 19	11	-6	—	—
Jan. 20	4	-8	—	—
Jan. 21	6	-8	—	—
Jan. 22	35	-1	.20"	—

Recorded 7 a.m. for previous 24 hour period
Precip./mo. — .69"/ Monthly snow — 8"
Yr./Date — .69" / Seasonal snow — 25"

Chamber Coffee

WAYNE — This week's Chamber Coffee will be held Friday, Jan. 24 at St. Mary's Elementary School in observance of Catholic Schools Week. The coffee on Friday, Jan. 31 will be held at 821 East Seventh Street (the west side of the O'Reilly's building). It will be hosted by the Wayne Wrestling Club. The coffee begins at 10 a.m. and announcements at 10:15 a.m.



Pancake breakfast

AREA — The Wayne Vets Club will hold a Pancake Breakfast on Sunday, Jan. 26. Serving time is from 9 a.m. to 12:30 p.m. Pancakes, eggs, sausage, biscuits & gravy, coffee and juice will be served. The Vets Club is located at 220 Main Street in Wayne.

Soup luncheon

AREA — Winside Legion Roy Reed Post #252 will hold a Soup Luncheon on Sunday, Jan. 26 from 10 a.m. to 1 p.m. at the Legion Hall in Winside. Chili, chicken noodle and ham & bean soup, along with desserts and beverages will be served. A free will donation will be accepted with proceeds going toward Legion projects and scholarships.

Brown Bag lunch

AREA — Patrons of Wayne Community Schools are invited to attend a Brown Bag Lunch on Tuesday, Jan. 28. The event will begin at noon in the high school lecture hall. Everyone is invited to attend the lunch and hear what is happening at Wayne Community Schools and the Board of Education future initiatives. Water, coffee and cookies will be provided.

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WAYNE STATE COLLEGE SCHOOL OF ARTS & HUMANITIES
www.wsc.edu/cultural-events

Wayne Elementary School

Wayne State College announces fall 2019 academic Dean's List

Wayne State College included more than 1,000 students on the dean's list for exemplary academic achievement during the past semester. Students listed on the dean's list are full-time undergraduate students who have achieved a GPA of 3.5 or above on a 4.0 scale for the semester. An asterisk (*) denotes a 4.0 GPA for the term.

The dean's list may be found online at: wsc.edu/news/article/502/

fall_2019_deans_list.

Local students include:

Carroll Ky Renny Coleridge

Sean Dunn, Michael Kurtzhals, Katie Leapley, Keely Olsen

Laurel

Abigail Bloom, Zachary Dietrich, Logan Hansen, Shelby Krie, Jayden Reifenrath, Ashley Wolfgram, Dilan Wolfgram, Brooke Young

Wakefield

Zoe Conley, Danielle Gilliland, Devan Henschke, Jennifer Lopez, Juana Lopez, Sarah Lorenzen, JoAnne Lundahl, Katherine Lundahl, Jasmine Martinez, Savannah Nelson, Alejandra Orona, Josephine Peitz, Antonio Sarmiento, Kaya Stark

Wayne

Koffi Regis Adohinzin, Abigail Ankeny, Morgan Barner, Claire

Barnes, Timothy Bartz, Meghan Battles, Rylee Bessmer, Issa Bissiri, Casey Brentlinger, Obinna Chukwuma, Kaitlyn Colvard, Alexander Conley, Skylar Cooper, Jacob Daum, Kidus Degefū, Claire Everitt, Jack Evetovich, Heaven Ewerdt, Brandon Faulkner, Michaela Fehring, Brianna Forman, Paris George, Emily Geweke, Daniel Greenwald,

Sarah Greenwald, Austin Griffith, Katelyn Grone, Madison Hamik, Kylie Hammer, Katlin Harm, Elijah Herrington, Jayle Hinkle, Kilara Hochstein, Simon Hoey, Ethan Jareske, Symphony Jareske, Trey Jareske, Kristi Jelinek, Morgan Keating, Dalton Klein, Jewel Kneiff, Audrey Knoell, Hannah Leeper, Grace Lindsay, Melinda Longe, Ty-

ler Lutt, Gabrielle Meyer, Brittany Nelson, Meg Osnes, Tyler Pecena, Sean Petersen, Brant Ridder, Peyton Roach, Gloriosa Roerber, Danica Schaefer, Kecia Schenk, Tessa Steinkraus, Madison Stenka, Jasmine Stephens, Jordyn Swanson, Mekdelawit Tamirat, Joshua Taylor, Abdulhakim Tofik, Jaci Torres, Haley Vesey, Brenna Vovos

Chadron State, Wayne State partner to propose new Bachelor of Science in Nutrition and Dietetics

The Board of Trustees of the Nebraska State Colleges has approved a proposal for a new baccalaureate program in Nutrition and Dietetics, which was jointly submitted by Chadron State College and Wayne State College.

This collaborative degree program will be available via a hybrid delivery, with both colleges offering the required courses via both face-to-face and online.

The primary goal for this new Nutrition and Dietetics program is to prepare graduates to earn the Nutrition and Dietetics Technician, Registered (NDTR) credential, which will allow them to either enter the workforce or enroll in a graduate level nutrition program after the completion of the program. In addition, the offering of a number of the required nutrition courses via online delivery will allow individuals across the state to complete pre-dietetics courses currently required for admission to accredited graduate programs in this field.

This program will provide access to an accredited baccalaureate program for individuals who wish to earn the NDTR credential, especially for those who wish to remain in rural regions of the state and serve those communities. In conversations with the University of Nebraska-Lincoln (UNL) and the University of Nebraska Medical Center (UNMC), it became clear that rural, small town areas of Nebraska are the regions that are most in need of nutrition/dietetics professionals.

"This program uses the resources of two reputable institutions to serve our communities, with a history of drawing upon a deep well of experience educating a wide range of professionals. The high quality faculty teaching and developing the curriculum of this new program are committed to preparing students for their careers or graduate school," said Tammy Evetovich, Dean of the School Natural and Social Science at Wayne State College.

There are no programs currently in Nebraska that lead to the NDTR

credential and are accredited using the Future Education Model Accreditation Standards recently established by the accrediting agency for the Academy of Nutrition and Dietetics. As such, Chadron State and Wayne State developed the Nutrition and Dietetics program based upon the Accreditation Council for Education in Nutrition and Dietetics' (ACEND) standards for Bachelor's Degree Programs.

"This program is designed to meet the needs of the diverse population in rural and remote parts of Nebraska. The Dietitians and NDTR's who are educated in this new program will be nutrition experts helping to provide proactive approaches and nutrition-based solutions to the health concerns in Nebraska and across the U.S. And while they work anywhere within the U.S., these future graduates will better understand the unique challenges that working in a frontier and remote area can present," said Jim Powell, Vice President of Academic Affairs at Chadron State College.

Next steps for moving this program forward are to gain approval of the new program from both Nebraska's Coordinating Commission for Postsecondary Education (CCPE) and the Higher Learning Commission (HLC). Chadron and Wayne State's goal is to seek ACEND accreditation of the new program once approval is fully granted and begin offering the Bachelor of Science in Nutrition and Dietetics in Fall of 2020.

"The collaborative nature of this joint program between Chadron and Wayne State Colleges, and the response of potential employers from across Nebraska show the value of this degree program," said Dr. Paul Turman, Chancellor of the Nebraska State College System. "In addition, the partnership between the State Colleges and the University of Nebraska on the development of the required coursework for the Nutrition and Dietetics baccalaureate program will ensure that individuals who complete this program will be prepared to meet the entrance requirements

for the graduate programs being offered by UNL and UNMC to earn the Registered Dietitian (RD) credential."

Both CSC and WSC have held conversations with potential employers and nutrition-related organizations in their regions and have received consistent feedback that the education and training that this program provides is needed in Nebraska and can fill a critical workforce void, particularly in the rural communities. Many have indicated that they have been trying to fill nutrition-related positions for "years".

The Nebraska Department of Labor (NDOL) includes Dietitians & Nutritionists within its 2016-2026 High Wage, High Demand, High Skill (H3) occupations. This occupational field is expected to see an increase in employment of 14.6 percent, from 680 to 779 individuals needed by 2026, and an average of 54 position openings in the field each year. NDOL data reflect an average hourly salary for individuals in this field within Nebraska is \$26.71, an annual average salary of \$55,561.

Like many other health care professions, the nutritionist employment is expected to grow faster than average. According to the Bureau of Labor Statistics, jobs for dietitians and nutritionists are expected to increase 15 percent through 2026, while the national average for all occupations rests at 7 percent. In addition, professionals currently serving in the nutrition fields across the state have indicated that there is a critical deficit in the state for this type of educational programming.

As the new accrediting requirements from ACEND are implemented, individuals who wish to work in the nutrition field will need access to a baccalaureate program that develops their knowledge and skills and prepares them to meet the NDTR credentialing requirements. This new jointly offered program paves the way to respond to the wide variety of workforce needs that currently exist within and beyond Nebraska.

LRHT

From Page 1A

pleted a 27-city stint European tour capped with a live album release from their show in Brussels, Belgium. According to reviews, "Soul Colossal delivers a sound so big, so funky, so wring-the-sweat-out-of-you energetic that it reaches through the speakers and shakes you until you start moving to its groove."

In addition to their mainstage productions and patron special the Little Red Hen Theatre is offering educational activities as well. June 15 - 19, the theatre will present their annual Drama Camp for students ages six through 15. The camp focuses on teaching basic drama skills through exercises and activities that culminate in an informal public performance for friends and family. Participating students are grouped by age with a designed curriculum that will feature creative drama through storytelling, read-

ers' theatre and creating performances through scripted and improvised texts. The theatre will also present two weekends of intensive workshops for students and adults ages 16 and older during their 2020 season. One will have participants creating an original work through devised theater while the other will focus on musical theater/cabaret performance.

While individual tickets are not on sale yet for individual shows, the Little Red Hen Theatre is offering season subscriptions, or patronages, for a limited time. Patrons can purchase one, two or four-ticket packages that guarantee them reserved seats at each production and offering, as well as the opportunity to purchase additional tickets in advance of the general public. According to managing director T. Adam Goos, patronages are the best way to ensure seats and get the inside track on all the happenings at the

theatre.

"Patrons are the first to hear about everything we are doing or planning to do at the Little Red Hen. Being a patron is the best way to make sure you get to experience everything we have to offer," Goos said.

Those interested in becoming a patron of the Little Red Hen theatre should call (402) 287-2818 or visit littleredhentheatre.com.

Goos is looking forward to the 2020 season and is excited for audiences to see what the Little Red Hen has in store for everyone.

"We had such a fantastic year in 2019 and are building upon those successes to make 2020 even better. Whether you come as an audience member or are helping us behind the scenes to make the magic happen - the Little Red Hen theatre is a fantastic place to be," Goos said.



(Photo by Clara Osten)

Coffee with Cruise & Associates

Rob Cruise, president of Cruise & Associates (left) welcomed everyone to Chamber Coffee last week. He explained the services offered by the business, the other towns the business is located in and how he came to purchase the former Kathol & Associate business and building.

SIouxLAND RENEWABLE HOLDINGS, LLC

WILL BE HOLDING INVESTOR INFORMATION MEETINGS

Come and learn more about an opportunity to become a member of Siouxland Renewable Holdings, LLC. All meetings will begin at 6:30 pm.

Date	Location	Meeting Place
Jan. 20	LeMars, IA	Convention Center, 275 12th St., SE (ground floor lower level)
Jan. 21	Dakota City, NE	Old Dane at Hwy 35 and 77
Jan. 22	Dakota Dunes, SD	Dakota Dunes Country Club, 960 S. Dakota Dunes Blvd.
Jan. 27	Coleridge, NE	Fire Hall, 217 East Broadway
Jan. 28	Yankton, SD	Minerva's Restaurant, 1607 East Hwy 50
Jan. 29	Wayne, NE	Fire Hall, 510 Tomar Drive

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A new company formed for the purpose of purchasing and operating an existing ethanol plant.

Offering Circulars and Subscription Agreements will be available at the meetings

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ReDressed Formals offers dream dresses at dream prices

Whether they care to admit it or not, prom is one of the biggest days in a high school girl's life. That big day tends to come with a big price tag. Hair, makeup and accessories can make a huge dent in the pocketbook before girls or their families even get to what's typically the biggest expense - the dress.

ReDressed Formals in Wakefield is helping make prom, and other formal events, more affordable than ever. ReDressed allows customers to rent dresses for special occasions, at a small fraction of the cost the garments are worth. The idea came to owner and operator Barb Farup after a situation women know all too well. Her daughter was getting ready for prom and had a hard time finding the perfect dress. The search went on so long that Farup said her daughter was tempted to give up and skip the occasion. When they finally found the dress, it was costly.

"The following year, we tried to sell the dress and we were embarrassed to say how much we paid for it, so I wasn't going to post how much it was," Farup said. "One of our friends messaged me and said they were interested in buying it, and I was embarrassed to even tell them how much we wanted for it, and we got the idea to just let her borrow it. And all of a sudden I thought, 'that's kind of an interesting idea'."

That epiphany led Farup on a

journey from full-time teaching and somehow finding time to collect, clean and organize dresses for a few girls to rent, to opening ReDressed Formals in downtown Wakefield.

"I would say probably my first 100 dresses were all donations. It just was a mission for me. Not a money maker at all, just a mission," Farup said.

Farup started donating profits from ReDressed to charities and while still donating a large chunk of profit, began buying dresses to fill voids donations may have left.

"I got lots of donations of like (size) 4 to 10, but I didn't have very many 0s and I didn't have very many through size maybe 20 so I started using my profits to purchase dresses in those sizes to kind of try to balance it out," Farup said.

In the beginning, Farup, who then lived in Lincoln converted her basement into a boutique and was surprised to see high schoolers weren't the only ones coming to shop.

"I originally thought it was going to be all high school girls, but I had a lot of adults coming in wanting dresses for military balls, auctions, galas, cruises, maybe a special wedding," she said.

Last year Farup said she had a banner year, and then her husband, Matt Farup accepted the high school principal job in Wakefield. After having a pop-up showing at Little Red Hen Theatre, Farup said the moms of Wakefield encouraged

her to open up shop.

Currently, ReDressed Formals has over 500 dresses, many of which were purchased from suppliers. The shop is open on Mondays and Tuesdays from 2-6 p.m., but private appointments are also available.

"It can be very intimidating to go into these like crowded shops and try on dresses with all these other girls, which is why I do I have walk in days, but then I'm also open by appointment," Farup said. "I have a very sensitive heart towards women and girls who are self conscious about their bodies, maybe suffer from anxiety, and I want them to feel beautiful and have a great experience too."

Shoppers can purchase dresses from ReDressed, but for the price to purchase is three times the rental price. Farup said that's because after three wears, she opts to retire dresses anyway as her goal for ReDressed Formals is to provide dress shop, not thrift shop quality. While she does still take donations, nothing older than five years is accepted to ensure the dresses available are fashionable enough for anyone to be the belle of the ball in.

"I want these girls to feel beautiful and be able to wear these dress," she said.

The shop is located at 321 Main Street in Wakefield and Farup can be reached at (402) 613-2235 for appointments.

Cedar County veterinarians to be featured on television series

Husband and wife veterinarians Ben Schroeder, DMV and Erin Schroeder, DMV were not looking for fame when they were approached about being part of a TV series on Nat Geo WILD.

"We had been featured in an article in the Omaha World Herald about renovating the hotel in Hartington. After this story hit the AP (Associated Press), we were contacted about renovating a veterinary clinic. We said 'no' to that and then were contacted by a production company that wanted to do a show about veterinarians in the heartland of America. They asked us to do the series premiere of Heartland Docs, DVM," said Dr. Ben.

Film crews arrived in northeast Nebraska about the same time the floods did in March of 2019. Because of this, the six-part series has been dedicated to those impacted by the flood of 2019.

The premiere episode, entitled "The Little Practice on the Prairie," airs on Nat Geo WILD on Saturday,

Jan. 25 at 9 p.m.

The Schroeders serve patients in the Hartington area through their practice, Cedar County Veterinary Services.

They've practiced veterinary medicine together for over 15 years in America's heartland.

Dr. Ben said there are "no walls on the limits of the animals we handle. The show includes us working on farm animals such as cows, pigs, chickens, horses and sheep, as well as wildlife that has been brought into our clinic."

"We are excited to be able to get the news of what we do and those farmers whose animals we treat.. out to people. We want to educate the public and hopefully save the lives of some animals when people see the show and realize they need to treat their animals," he said.

Dr. Ben said that he hopes to show viewers that the morals and values of those in the Midwest have been handed down from generation to generation with the way they

treat their animals. This includes that fact that these animals are the livelihoods of their owners.

Dr. Ben and his wife, Dr. Erin have been practicing in Hartington for 15 years. Ben's father, John, was also a veterinarian in north-east Nebraska and appears in one episode of the show.

Also included in each episode are the Schroeder's sons, Charlie, 16, and Chase 14. The boys are part of each episode and Dr. Ben said as the filming went on, "it was fun to get to see the personalities of the boys shine."

There are six, weekly episodes scheduled to air in the coming weeks. There is the potential for additional shows to be broadcast later in the year, depending on viewer reaction.

Dr. Ben said the Hartington cable TV provider has worked to get the Nat Geo WILD channel to Hartington subscribers and for others the show can be streamed on other devices.



Dr. Ben Schroeder and Dr. Erin Schroeder cuddle a newborn calf after a successful cesarean from a terminal mother. This is just one of the calls that will be part of the show featuring the Schroeders' veterinary practice.

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(Photo by Clara Osten)

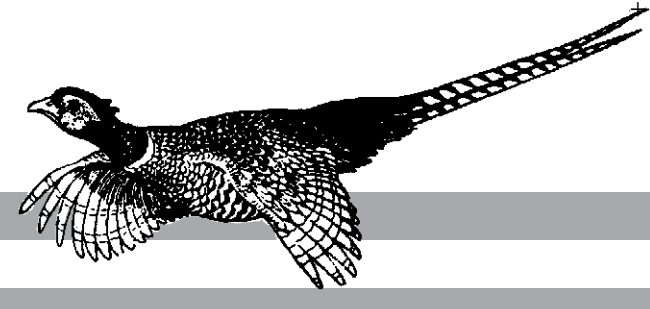
New to Wayne

Wayne Ambassadors Chair Parker Bolte (holding the end of the ribbon) welcomed Cruise & Associates to Wayne last week. A ribbon cutting ceremony was held for the business and employees were introduced by Rob Cruise (with scissors). The business is located at 104 West Second Street.

Wayne State College CAMPUS EVENTS...

- Jan. 25** - Honor Band Concert including junior high and high school student performers, 4:30 p.m., Ramsey Theatre, Peterson Fine Arts, \$5 admission.
- Feb. 26** - Spring Career Fair, attend the career fair to explore job opportunities.
- Feb. 28** - Focus on You Friday: A visit day for high school seniors and their families.
- March 4** - Transfer to WSC Day: A visit day for students transferring to WSC from another college or university.
- March 4** - Le Cirque Esprit at 7:30 p.m. in Ramsey Theatre, Peterson Fine Arts: A circus-like performance with lights, acrobatics and aerial work. An event for the Black and Gold Performing Arts Series.

For a full listing of events happening at Wayne State College, please visit www.wsc.edu/calendar. Some events are subject to changes. Please contact College Relations with questions at 402-375-7324



Sports

Wildcats baseball picked fourth in NSIC

The Wayne State College baseball team was listed fourth by league coaches in the 2020 Pre-season NSIC Baseball Coaches Poll announced earlier this week.

Defending NSIC regular season and tournament champion Augustana was picked as the team to beat this season in the league, receiving 13 first-place votes, followed by Minnesota State with the remaining two first-place ballots. St. Cloud State came in third at 164 points with Wayne State fourth.

Listed as Wildcat Players to Watch this season were junior designated hitter/second baseman Andrew Hanson and sophomore starting pitcher Ryan Obrecht.

Hanson, a 6-foot-1, 180-pound junior designated hitter/second baseman from Burnsville, Minn., was listed as Wayne State's Position Player to Watch. Last season, Hanson was named second-team All-NSIC with a .303 batting average. He had five homers and 31 RBI with 12 multi-hit games and ranked second on the team in stolen bases going 14-16. Hanson also collected D2CCA and NCBWA All-Central Region second-team honors after being named first-team All-NSIC as a freshman two years ago.

Obrecht, a 6-foot-4, 170-pound sophomore from Omaha, was tabbed as the Wildcat Pitcher to Watch this season after a standout freshman campaign last season. Obrecht was a first-team All-NSIC last season after recording a 7-2 record in 12 games with a 2.04 ERA. He was the only starting pitcher in the NSIC to not allow a home run and led the NSIC in opponent batting average (.194) while ranking fourth in ERA. Obrecht worked 57.1 innings last season and gave up just 40 hits and 14 runs (13 earned) with 50 strikeouts and just 15 walks that included a streak of 21 1/3 scoreless innings. He was also named D2CCA All-Central Region Second Team last year as a freshman.

The Wildcats were 32-18 last season and finished fifth in the NSIC with a 23-12 league mark. Wayne State is scheduled to open the 2020 baseball season on Friday, Jan. 31 in Cleburne, Texas against Newman (Kan.) at the 4-HIM Classic.

Fifteen Wildcats earn NSIC Myles Brand honors

An all-time high 15 Wayne State College seniors were honored with the 11th annual NSIC Myles Brand All-Academic with Distinction Award.



The honor, named for the late NCAA President Dr. Myles Brand, is bestowed to senior NSIC student-athletes who have a cumulative grade-point average of 3.75 or higher and are exhausting their eligibility and on track to graduate.

Wildcat athletes receiving the prestigious academic honor include volleyball players Morgan Alexander, Tarrin Beller, Haley Kauth and Katie Stephens, women's soccer players Madison Burgard, Rachel Grisham and Sophia Ketchmark, football players Kolbie Foster and Ethan Knudson, Kim Johnson and Tia Jones from women's track and field, Dylan Kaup, Dylan Kessler and Nathan Pearson of men's track and field and Jacob Lemar from baseball.

A record total 194 student athletes from the 16 institutions in the Northern Sun Intercollegiate Conference will receive the award in its 11th year. Each student athlete

See Honors, Page 2B



Josh Lutt (0) tries to put up a screen for Shea Sweetland as he drives baseline during action against LCC at Wayne High School.

Wayne boys beat LCC, lose in OT thriller

The Wayne High boys held No. 2-ranked LCC to its lowest point total of the season in a 53-35 win Tuesday at Wayne High School.

The Blue Devils were able to control possession and limit the number of chances the Bears would have to score. Wayne led 20-14 at intermission and continued to build on that advantage on their way to the upset win.

Tyrus Eischeid led all scorers with 16 points while Shea Sweetland added 13 for the winners. Trevor DeBoer had nine points, Cody Rogers added six, Blake Bartos scored three and Josh Lutt, Noah Lutt and Tanner Walling each had three.

Noah Schutte led the Bears with 15 points, while Cael Hartung added nine, Ty Erwin scored six and Evan Schmitt and Evan Haisch each had two.

Rogers led Wayne in rebounds with 11 while DeBoer has seven. Eischeid had five assists and Sweetland had three steals. Schutte had 12 rebounds and three assists for LCC, while Hartung grabbed four boards.

On Thursday, the Blue Devils dropped an overtime thriller to North Bend, losing 55-53.

The Blue Devils led by eight going to the fourth quarter, but the Tigers came back and hit a shot at

the buzzer to send the game into an extra session, where North Bend won the free throw battle to claim the win.

Sweetland scored 15 points and Eischeid added 10 for the 9-6 Blue Devils. Walling put in nine points, Josh Lutt scored eight, Rogers had seven and DeBoer scored four. Walling led the team with eight rebounds and Eischeid grabbed six.

Wayne's boys were on the road this week with games at Crofton Tuesday and Hartington Cedar Catholic on Friday. LCC will face Hartington-Newcastle on the road Tuesday before traveling to Battle Creek on Thursday.

Wayne	10	10	11	22	-53
LCC	6	6	7	16	-35
WAYNE	J. Lutt 2, N. Lutt 2, Walling 2, Bartos 3, Rogers 6, Eischeid 16, DeBoer 9, Sweetland 13.				
LCC	Schmitt 3, Hartung 9, Schutte 15, Haisch 2, Erwin 6.				
North Bend	55, Wayne 53 (OT)				
Wayne	8	19	8	15	3 - 53
North Bend	14	6	7	23	5 - 55
WAYNE	J. Lutt 8, Walling 9, Rogers 7, Eischeid 10, DeBoer 4, Sweetland 15.				
NORTH BEND	Scoring not available.				

WSC women pick up key conference wins

The Wayne State women picked up a pair of key wins last week, defeating MSU Moorhead and Northern State in action at Rice Auditorium.

On Friday, the Wildcats exploded to a 28-point lead early in the second quarter, then held off a furious MSU Moorhead rally in the second half to claim a 78-73 win over the Dragons.

The Wildcats came out on fire, building a 31-10 lead in the first quarter thanks to 6-of-11 shooting from behind the arc in the opening 10 minutes. Halley Busse and Erin Norling hit double figures in the opening quarter with 12 and 10 points, respectively.

Wayne State continued their torrid shooting the second quarter and once held a 41-13 lead as they shot 51.5 percent from the floor before closing the first half with a 46-26 lead at intermission.

As hot as the Wildcats were in the first half, they cooled off and allowed the visiting Dragons to storm back, cutting a 20-point deficit to four going to the final quarter and actually taking the lead at 64-62 with 5:44 to go.

Wayne State gained the lead back on a Kylie Hammer 3-pointer and went up by three on an Erin Norling basket at 67-64. Moorhead got within one with 2:23 to go, but a basket by Brittany Bongartz and 5-of-6 shooting from the foul line helped the Wildcats pull away with the win.

Norling led Wayne State with her fourth double-double of the year - 20 points and 10 rebounds - followed by Busse with 19. Hammer also reached double digits with 12 points. Busse was credited with four assists and had four steals.

On Saturday, Busse scored a season-high 25 points on 8-of-12 shooting to power the Wildcats past Northern State, 79-67.

After Northern State opened with the first four points of the game, Wayne State used a 13-2 run to take the lead for good the rest of the first half. A Kylie Hammer fast-break layup gave Wayne State a 13-6 lead at the 4:55 mark and the Wildcats closed the first quarter with an 18-14 lead.

The Wildcats increased the lead to 11 at 30-19 following a Haley Vesey 3-pointer with 3:35 to play in the half. Northern got within five at 30-25 before the Wildcats ended the half with a 35-28 lead.

The Wolves came out hot in the third quarter and used a 11-0 run to turn a 40-33 Wayne State lead into a Northern State advantage of 44-40 with 5:09 left in the quarter, but Wayne State responded and scored the final seven points of the quarter to grab a 58-50 lead and went on to earn the win over the Wolves.

Busse paced Wayne State with her season-best effort of 25 points, going 8-of-12 from the field, 4-for-6 behind the arc and 5-6 at the charity stripe. Norling added 18 points, her 36th consecutive game of double figure scoring. Bongartz also hit double digits with 10 points. Bongartz grabbed nine boards with Norling and Josey Ryan added eight rebounds apiece. Norling and Kylie Hammer were each credited with four assists.

The Wildcats (13-5, 8-4 NSIC) will be on the road next weekend for NSIC South Division games at Minnesota State Friday at 5:30 p.m. and Concordia-St. Paul Saturday for a 3:30 p.m. contest.



Brittany Bongartz scores a key basket for Wayne State in the fourth quarter of the Wildcats' 78-73 win over MSU Moorhead on Friday night.

(Photo copyright Mikey C Productions)

Wayne State adds two to women's golf squad

Wayne State College women's golf coach Joey Baldwin announced that Abbey Kurlmel of Okemos, Mich., and Paige Peters of Bancroft State College and play women's golf for the Wildcats in the 2020-21 academic year.

Kurlmel is from Okemos High School in Michigan where she was a two-year starter in volleyball and letterwinner in girls golf. As a senior last fall, Kurlmel helped Okemos to a fourth-place finish at the Michigan Division I State Tournament and earned All-Area honors while averaging 86 for 18 holes. Kurlmel was an All-Region selection in volleyball while also being named All-Area and All-Conference. She also excels in the classroom earning Academic All-Conference honors in both sports.

"I believe Abbey is just scratching the surface of her golf potential," remarked Coach Baldwin. "She is a great athlete with a great golf swing and can have an immediate on our program. I am looking forward to helping her improve all aspects of her game."

Peters is a graduate of Bancroft-Rosalie High School and is already enrolled at Wayne State College. She was a multi-sport standout in high school, starting four years in girls golf and track and field and three years in basketball. Peters was a four-time state qualifier in girls golf and earned medals three seasons, placing 15th in Class C as a freshman, sixth as a sophomore and fourth in her junior season. She was a two-time East Husker Conference champion and earned Super State honors in golf in 2017 as a junior and holds the school record for low round of 75.

"Paige is a hard worker and possesses the skills needed to play at this level," said Baldwin. "I have had the opportunity to work with Paige and am excited to help her expand her golf game."

The duo joins Tricia Hemann of Chanhausen, Minn., and Jazmine Taylor from Omaha as members of the 2020 recruiting class.

Wildcat men drop pair at home

Wayne State's men's basketball team dropped a pair of home matchups against NSIC Northern Division competition over the weekend at Rice Auditorium.

On Friday, MSU Moorhead built a 12-point lead in the opening five minutes and never trailed as the Dragons downed Wayne State 82-71.

The visiting Dragons rode the red-hot start by sophomore Gavin Baumgartner, who scored 20 points in the opening 10:15 of the contest, helping the Dragons to an early 26-15 advantage.

Wayne State battled back and forged a 28-28 tie following a jumper from Al'Tavious Jackson, but the Dragons quickly pushed the lead back to double digits and took a 48-39 lead into the locker room.

The Dragons led by 11 before the Wildcats went on a 9-0 run to close to within 58-56 on a Henry Penner 3-pointer, but the Dragons regained momentum and never let Wayne State closer than three points the rest of the way.

Jordan Janssen paced Wayne State with 21 points on 10-of-11 shooting from the field. Also reaching double figures for Wayne State were Nate Mohr (12), Nick Ferrarini (11) and Nate Thayer (10). WSC won the rebounding battle 38-35 thanks to a career-best 13 caroms from Ben Dentlinger.

On Saturday, Northern State sophomore forward Parker Fox posted a triple-double with 24 points, 15 rebounds and 10 blocked shots to lead the Wolves in a 82-72 win.

The visiting Wolves used an efficient attack to build a 20-10 lead on the Wildcats 7:30 into the contest. A Henry Penner 3-pointer got Wayne State within eight at 34-26 with 3:26 left in the half, but Northern State closed the half strong and finished with their biggest lead of the

See Wildcat basketball, Page 2B



It's a battle for the loose ball as LCC's Erica Wolfgram falls away while Wayne's Rubie Klaussen goes for the ball in action Tuesday at Wayne High School.

(Photo copyright Mikey C Productions/Mary Vanderbeek)

Slow start leads to loss for Trojans



Wakefield coach Joe Wendte said a slow start in the first half made it too much to overcome for his team, as they dropped a 68-56 decision last Tuesday at Ponca.

"Ponca did a nice job on the defensive end and made us uncomfortable in the first half," he said. "They also hit some shots when they needed to. I thought we battled back in the third quarter and cut it to eight points, but we could never get any closer."

The Indians broke out to a five-point lead after one period and carried that momentum into the locker room, building a 36-22 advantage. The Trojans got the deficit down into single digits on a couple of occasions in the second half, but it was not enough.

Blake Heimann led the way for Wakefield with 12 points while Blake Brown added 11. Also scoring were Zephany Tinsley with eight, Justin Erb and Logan Bokemper with seven each, Cade Johnson with five, Gabe Peitz put in four and Logan Slama scored two.

It won't get any easier for the Trojans this week, as they played

top-ranked B-R/L-D on the road Tuesday. They will host Emerson-Hubbard on Friday.

"We need to go to work in practice, and really work on getting better on the defensive end in order to go on a run at the end of the season," Wendte added.
 Ponca 68, Wakefield 56
 Ponca 14 22 14 18 —68
 Wakefield 9 13 15 19 —56
 PONCA — Phillips 12, Kneiff 11, Bennett 10, Masin 9, Kingsbury 19, Fernau 3, Anderson 2, Korth 2.
 WAKEFIELD — Scoring not available.

Wildcats handle Gators on the mats

The Winside wrestlers picked up a win in dual action last week, topping Wisner-Pilger 33-21 in action at Wisner-Pilger High School.

Only three matches were contested, with Winside winning two. Art Escalante picked up a quick 34-second pin to win at 132 pounds, while Mason Topp earned a 10-7 decision at 170 pounds.

Winside was not able to travel to Weeping Water for a Saturday tournament. They will compete in the Lewis & Clark Conference tournament on Thursday and the

Oakland-Craig Invite on Saturday before hosting Wayne in a cross-county rivalry on Tuesday.

Winside 33, Wisner-Pilger 21
 113: W-P open. 120: Both open.
 126: W-P open. 132: Art Escalante, Winside, pinned Devon Schultz, :34. 138: W-P open. 145: Winside open. 152: Samuel Good, W-P, dec. Sean Heimdale, 11-7.
 160: W-P open. 170: Mason Topp, Winside, dec. Anthony Palmer, 10-7. 182: Both open. 195: Both open. 220: Winside open. 285: Winside open. 106: Both open.

Wayne girls drop pair at home

The Wayne High girls basketball team dropped a pair of games last week at Wayne High School.

On Tuesday, the Blue Devils squared off with area rival LCC, and the Lady Bears came away with a 53-46 victory.

LCC got out to a six-point lead after one period and never gave up the lead after that in a closely-played matchup between the two area teams.

Frankie Klausen had a game-high 21 points in a losing effort for the 4-12 Blue Devils. Rubie Klausen added 10 points and nine steals, Brooklyn Kruse had

nine and Mikaela McManigal and Emily Longe each had three.

For LCC, Kinsey Hall had a double-double with 20 points and 12 rebounds, Makayla Forsberg added 12 points, Erica Wolfgram had nine, Delaney Ehlers scored eight and Reggan Kuhlman and Haley Christensen both had two.

In Thursday action, top-ranked North Bend came to town and handled Wayne in a 65-30 decision.

Rubie Klausen led the way with 11 points and Kruse added 10 for Wayne. McManigal put in four points, Longe had three an

Kiara Krusemark put in two.

Longe led the team in rebounds with six while Kruse grabbed four. Frankie Klausen had four assists and three steals.

On Friday, the Blue Devil girls dropped a 53-36 decision to Norfolk Catholic. Statistics were not available at press time.

The Wayne girls were at Crofton on Tuesday and will be at Hartington Cedar Catholic on Friday. The Lady Bears faced Hartington-Newcastle on Tuesday and will be at Battle Creek on Thursday.

LCC 53, Wayne 46

Wayne 5 12 15 14 —46
 LCC 11 13 15 14 —53

WAYNE — McManigal 3, F. Klausen 21, R. Klausen 10, Kruse 9, Longe 3.

LCC — Forsberg 12, Christensen 2, Hall 20, Wolfgram 9, Ehlers 8, Kuhlman 2.

North Bend 65, Wayne 30

Wayne 7 8 6 9 —30

North Bend 20 14 17 14 —65

WAYNE — Krusemark 2, McManigal 4, R. Klausen 11, Kruse 10, Longe 3.

NORTH BEND — Scoring not available.

Gov. Ricketts leads walk at State Capitol to encourage wellness

Governor Pete Ricketts held a brief news conference and led a 20-minute walk through the halls of the Nebraska State Capitol to encourage Nebraskans to exercise regularly.

"Regular physical activity is one of the keys to living the Good Life," said Governor Ricketts. "I encourage all Nebraskans to pursue active lifestyles and healthy living for themselves and their families. Susanne and I also encourage Nebraskans to sign up for the Livewell Challenge, which can help you track your progress throughout the year."

Prior to walking the second-floor halls, the Governor held a brief news conference to encourage Nebraskans to exercise regularly, eat healthy and use available programs and events to stay on track. State of Nebraska Chief Medical Officer Dr. Gary Anthonie shared remarks on the disease-prevention benefits of a healthy lifestyle.

Nebraska Sports Council executive director Dave Mlnaric reported that more than 6,900 Nebraskans are currently enrolled in the LiveWell Challenge. The free activity tracking website rewards virtual badges for miles achieved and helps users find local trails, parks, and events where they walk, run, bike, or paddle. He encouraged Nebraskans to enroll and participate in an upcoming February challenge, where those logging



(Contributed photo)

Gov. Ricketts and First Lady Susanne Shore lead the Governor's Wellness Walk at the State Capitol.

at least 30 miles will be eligible for a prize drawing, including a \$250 VISA gift card.

The Nebraska Sports Council, which also conducts the annual Cornhusker State Games, hosts the Governor's Walk and the LiveWell Challenge as part

of its mission to promote healthy and active lifestyle choices. Learn more at NebraskaSportsCouncil.com.

USDA announces high-speed broadband investment for rural Nebraska

The U.S. Department of Agriculture (USDA) Marketing and Regulatory Programs Under Secretary Greg Ibach announced that USDA has invested \$5.7 million in a high-speed broadband infrastructure project that will create or improve rural e-Connectivity in parts of three Nebraska counties. The investment is expected to con-

nect 489 rural households, 24 farms and eight businesses to high-speed broadband internet in unserved portions of Madison, Wayne and Pierce counties. This is one of many funding announcements in the first round of USDA's ReConnect Pilot Program investments.

"From my experience on my family's farm to my time as Nebraska's

Director of Agriculture, I know firsthand that high-speed broadband internet connectivity is essential to making agricultural businesses more efficient and profitable," Ibach said. "While serving the state of Nebraska, I saw the potential impact that high-speed broadband would have not only for agricultural producers, but for everyone in our com-

munity. It is a privilege to now serve at USDA, under the leadership of President Trump and Agriculture Secretary Perdue, and see the Administration make the deployment of this critical infrastructure in rural America a top priority."

Eastern Nebraska Telephone

See ReConnect, Page 4B

WSC softball hosting Hitting/General Skills Clinic Feb. 1, 2

The Wayne State College softball program will host its annual Hitting/General Skills Clinics on Saturday and Sunday, Feb. 1 and 2 in the WSC Recreation Center.

The Hitting/General Skills Clinic on Saturday, Feb. 1 is open for players eight-13 years old while the clinic on Sunday, Feb. 2 is open for players 14-18 years old. Check in for each camp is 8:30 - 9 a.m. with each clinic running from 9 a.m. - 12 p.m. The cost of the Saturday clinic (eight-13 year olds) is \$50 and the cost of the Sunday clinic for 14-18 year olds is \$75. Both clinics include a camp t-shirt.

The clinics will emphasize the

basic skills needed for hitting and defense and is designed for the novice to advanced athlete. Instructors for the clinics will be Wildcat coaches and players and is a great clinic for young players to help enhance their game.

All athletes should come dressed for participation. It is recommended that athletes bring tennis or turf shoes, glove, bat, batting gloves and water bottle.

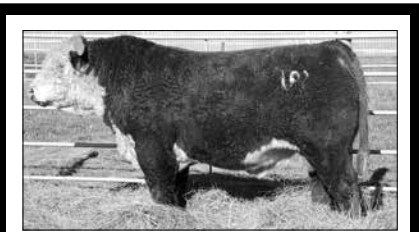
For more information on the clinic, contact WSC head softball coach Shelli Manson at (402) 375-7522 or email shmanson1@wsc.edu. Fans can also register online by logging onto wscsoftballcamps.com.

Annual Production Sale

Saturday, February 1, 2020
 12:30 CST at Upstream Ranch

- Selling:
- 320 Polled and Horned Hereford Bulls including 120 fall yearlings and 200 coming 2-yr old bulls
- 92 bred heifers

- Volume discounts
- First breeding season guarantee
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Hereford cattle bred and developed in the Nebraska Sandhills since 1955 for the commercial cattleman.

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ReConnect

From Page 3B

Company will use a \$5.7 million ReConnect Program grant to construct 221 miles of fiber-to-the-premises (FTTP) broadband infrastructure. The company will use matching funds of \$1.9 million to complete the project, for a total project cost of \$7.6 million. Eastern is a certificated local exchange carrier providing broadband service to its eight exchanges in eastern Nebraska. The company, headquartered in Blair, Neb., provides long-distance and wireline voice to all its exchange areas and high-speed broadband service to select areas.

In March 2018, Congress provided \$600 million to USDA to expand broadband infrastructure and services in rural America. On Dec. 13, 2018, Secretary Perdue announced the rules of the program, called "ReConnect," including how the loans and grants will be awarded to help build broadband infrastructure in rural America. USDA received 146 applications between May 31,

2019, and July 12, 2019, requesting \$1.4 billion in funding across all three ReConnect Program funding products: 100 percent loan, 100 percent grant and loan-grant combinations. USDA is reviewing applications and announcing approved projects on a rolling basis. Additional investments in all three categories will be made in the coming weeks.

These grants, loans and combination funds enable the federal government to partner with the private sector and rural communities to build modern broadband infrastructure in areas with insufficient internet service. Insufficient service is defined as connection speeds of less than 10 megabits per second (Mbps) download and 1 Mbps upload.

In December 2019, Agriculture Secretary Perdue announced USDA will be making available an additional \$550 million in ReConnect funding in 2020. USDA will make available up to \$200 million for grants, up to \$200 million for 50/50

grant/loan combinations, and up to \$200 million for low-interest loans. The application window for this round of funding will open Jan. 31, 2020. Applications for all funding products will be accepted in the same application window, which will close no later than March 16, 2020.

To learn more about eligibility, technical assistance and recent announcements, visit usda.gov/reconnect.

In April 2017, President Donald J. Trump established the Interagency Task Force on Agriculture and Rural Prosperity to identify legislative, regulatory and policy changes that could promote agriculture and prosperity in rural communities. In January 2018, Secretary Perdue presented the Task Force's findings to President Trump. These findings included 31 recommendations to align the federal government with state, local and tribal governments to take advantage of opportunities that exist in rural America. Increasing in-

vestments in rural infrastructure is a key recommendation of the task force.

USDA Rural Development provides loans and grants to help ex-

pand economic opportunities and create jobs in rural areas. This assistance supports infrastructure improvements; business development; housing; community facili-

ties such as schools, public safety and health care; and high-speed internet access in rural areas. For more information, visit rd.usda.gov.

Newly released interactive map puts vital community data at users' fingertips

A new interactive information tool, the Nebraska Community Opportunity Map, (caimaps.info/caseyfamilynebraska/?state=Nebraska&tab=nebraska), is now live to the public, ensuring that policymakers and other stakeholders will have centralized, easy-to-navigate access to data that's vital to their work. Specifically, this free resource is designed to increase access to information about communities, especially data relevant to the well-being of Nebraska's children and families. The ultimate goal is to give policymakers and other stakeholders another

tool for making data-informed decisions about resource allocation, service delivery, emergency planning, city planning, and other vital functions.

The Nebraska Community Opportunity Map is the result of a year-long, focused, collaborative effort among data experts representing multiple Nebraska state agencies, multiple Nebraska-based nonprofit organizations, and the University of Nebraska's Center for Public Affairs Research. Organizational contributors to the collaboration are listed below, in alphabetical order.

Nebraska Children and Families Foundation and Schmeckle Research respectively served as the convener and facilitator for the work.

- Boys Town
- Foster Care Review Office
- Nebraska Children and Families Foundation
- Nebraska Commission on Law Enforcement and Criminal Justice
- Nebraska Court Improvement Project
- Nebraska Department of Education
- Nebraska Department of Health and Human Services
- Schmeckle Research (Consultant/Facilitator)
- University of Nebraska, Center for Public Affairs Research
- Voices for Children

The Nebraska Community Opportunity Map leverages and augments the national Community Opportunity Map (COM) casey.org/community-opportunity-map/, developed by Community Attributes Inc. and customized for Casey Family Programs. As such, Casey Family Programs and Community Attributes, Inc. have also played a critical role in realizing the concept envisioned by the Nebraska-based collaborative work-group.

The national Community Opportunity Map is an interactive mapping platform that displays publicly available community data in user-specified geographic areas across the United States. Nebraska has expanded its data set beyond solely data from the United States Census, and added additional functionalities, such as the ability to select data for a specified county or counties, or specific administrative regions.

"This was a great example of state and national partners coming together to increase access to timely, relevant, high-quality data," said Catherine Brown, Associate Vice President of Research and Evaluation at Nebraska Children and Families Foundation. "While we believe this can be a valuable tool for policymakers and other stakeholders, the true test is whether people find value in the map. We encourage everyone to use and share it."

"We admire the work of Nebraska Children and Families Foundation and its partners in applying the power of technology and data to understand the unique needs of its communities," said Dr. William C. Bell, President and CEO of Casey Family Programs. "A community that knows its needs is better equipped to successfully create and implement solutions that will support and benefit its children and families."

About Casey Family Programs

Casey Family Programs is the nation's largest operating foundation focused on safely reducing the need for foster care and building Communities of Hope for children and families across America. Our mission is to provide and improve — and ultimately prevent the need for — foster care. We work in all 50 states, the District of Columbia and two territories and with more than a dozen tribal nations to influence long-lasting improvements to the safety and success of children, families and the communities where they live. Learn more at casey.org.

About Community Attributes Inc.

Community Attributes Inc. (CAI) communityattributes.com/ is a Seattle-based consulting firm founded with a focus in economic development. CAI currently employs 19 staff members and supports all phases of economic and community development — from visioning to implementation. We aim to support decision-making by linking community development objectives with opportunities in the context of regional data and trends.

Wayne Herald/Morning Shopper FAN APPRECIATION NIGHT BLACK-OUT NIGHT

(everyone is encouraged to wear black)

— COUPON —

Redeem this coupon at the gate
for one free admission to the WSC
Men's & Women's Basketball Games
Saturday, Feb. 1 at 3:30 & 5:30 PM

Sponsored by The Wayne Herald



GO CATS!

\$100 Worth of Prizes for Halftime Contests!

Participants will be picked randomly

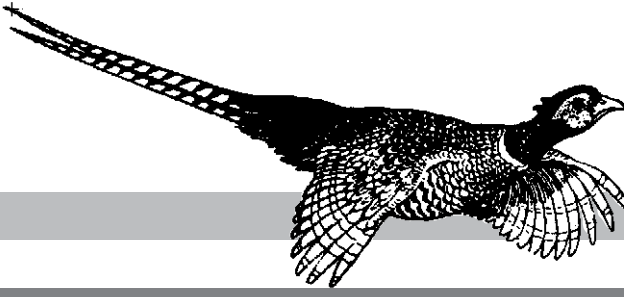
Come cheer for the Wildcats as they host
Minot State on Saturday, February 1

The doubleheader begins at 3:30 p.m.
with the women's contest,
followed by the men's game at 5:30 p.m.

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MIKE'S MIC

Kansas City, grandkids and football

By MIKE RENNING
mikesportshome@yahoo.com



EMERSON-OMAHA-AUBURN-KANSAS CITY-AUBURN-OMAHA-EMERSON – As part of the “newspaper rules of order” which I have applied vary sparingly in this space, I decided to illustrate how my weekend went recently.

This tale has many twists and turns, so grab the beverage of your choice – or maybe two and hang on.

My oldest son, Maxwell, called me early in the Kansas City Chiefs versus Houston Texans AFC Divisional Championship football game and told me if KC won, we're going to Kansas City for the conference finals to see if his Chiefs could make it to the Super Bowl for the first time in 50 years.

When he called they were already behind 17-0 so what could it hurt to tell my son I wouldn't miss it for the world.

If you don't know football, the Chiefs came back from 24-0 to defeat the Texans and make my promise to Max a real decision.

He called as soon as the game with the Texans was over and said he'd been on line looking at the cost of tickets and he was looking at the price of motel/hotel rooms in the Kansas City area.

I had gone to a KC game with Max before a couple of years back... the game was in December.

I know Kansas City is south of where I reside, but not far enough south.

It was a night game and the high temperature for the day of that game was eight.

Sit through a four-hour game in eight-degree and under temperatures and try, just try to enjoy the game.

And I was a few years younger.

While he was working out the details of what I considered an ill-fated journey, I decided to check the weather.

I don't believe my weather “center” on my phone but I had to have some kind of idea what I would be up against.

Well, in the interim, Max had called his sister, Mikenzie and not only did details get worked out, tickets were purchased.

The investment was sizeable, and my first impulse was to not tell anyone the amount of money I was going to spend to stand in the cold at Arrowhead Stadium and freeze my (fill-in-the-blank) off.

In addition, Mikenzie's husband, Zach was recruited to go along.

Initially, I was trying to think of a reason to get out of the trip, then, just as the Grinch changed his heart, I started to think, how can I make this work out for me?

OK, so the Grinch's heart got bigger, but can that really happen?

Follow my logic here:

The first bet I ever won was with Max Mumby when the Chiefs beat the Minnesota Viking in Super Bowl IV. (That's four in Roman Numerals not a medical term.)

That Max (Mumby) and I bet a dime, which was good for a Match-box down at Sioux Sundries in Harrison, Nebraska and Len Dawson defeated Joe Kapp and I got a new ambulance for my collection.

I looked at the trip to KC and realized I could go right through Omaha, stay in Auburn and return the same way.

In Auburn, resides our Granddaughters, Lily and Sophia and it is only a couple of hours from Arrowhead Stadium – eliminating the entire motel/hotel expense as the game kicked off at 2:00 p.m.

Now, Omaha had two drawing cards.

Most importantly, two more of our Grandkids, Moxley and Hogan, live in Omaha.

I could go through Omaha on Saturday and see them before heading to Auburn later that night.

The second drawing card? Zach's Dad, Mike Blessing – misery loves company you know.

I called Mike to see if he was interested and he said, “Sure.”

Then I considered, my own son asked this old bas...fella to go to a football game with him and I know he called me before calling anyone else.

He either thinks I'm on my last leg or he thinks I'm cool enough to hang out around.

Stop snickering and I'm certain it is the cool scenario – really stop snickering.

The trip was on.

The Darling Wife and I waited for our Maxwell to arrive from Valentine on Saturday, stopped to see Hogan and Moxley and picked up “Big” Mike and went to Auburn.

Now, the “Big” Mike was just the name for when we're together around everyone – I mean I think you know by now my name is Mike also.

You can't get away with that when you're addressing the female persuasion with the same name.

The Darling Wife is Michelle Renning as is my niece, Michelle Renning.

You can't even say young or old or big or little – we went with Thing 1 and Thing 2.

See about the twists and turns? Bottom line is we had a blast at the game, the Chiefs won, we tailed for four hours in 12-degree weather and I wore enough clothes that if I would have fallen – only LifeAlert could have helped me up.

Maybe at a later date we'll get to stories from the big city, but this is enough twists and turns for now.

I wonder what a flight to Miami would cost.

Capitol View

School discipline may not be the issue to debate right now

By J.L. SCHMIDT
Statehouse Correspondent

The Nebraska Press Association

Back when I was a kid, if you caused a problem at school you wound up in the principal's office. We all feared that and it kept most of us in line in that Panhandle community we called home. Further, we knew what to expect when we got home and received the “real” punishment.

Fast forward six decades or so and we've got a Nebraska Legislature looking at ways to give teachers and administrators more “tools” to handle violent students. The measure proposed by Senator Mike Groene of North Platte would give teachers legal protection for defending themselves and others against violent students.

Groene first offered the measure (LB147) last session and filed a motion to place it on general file, even though the Education Committee, which he chairs, had not voted to advance it. Senators adopted the motion but the bill was never scheduled for first-round debate.

As introduced, the bill would authorize teachers and administrators to “use the necessary physical contact or physical restraint” to control a student who becomes physically violent and to protect school property from destructive students. It would allow a teacher to have a disruptive student removed from the classroom under certain circumstances.

The senator says a 20-year-old Nebraska Supreme Court case determined teachers and administrators might physically intervene to preserve order in the classroom. He says teachers want to be able to protect themselves and their students. But he called the current classroom situation a “free-for-all.”

I don't have school-age children anymore. My granddaughter is not in kindergarten yet. I have teachers in my family and among my retired friends. I haven't heard of this so-called free-for-all from any of them. Maybe I'm just lucky.

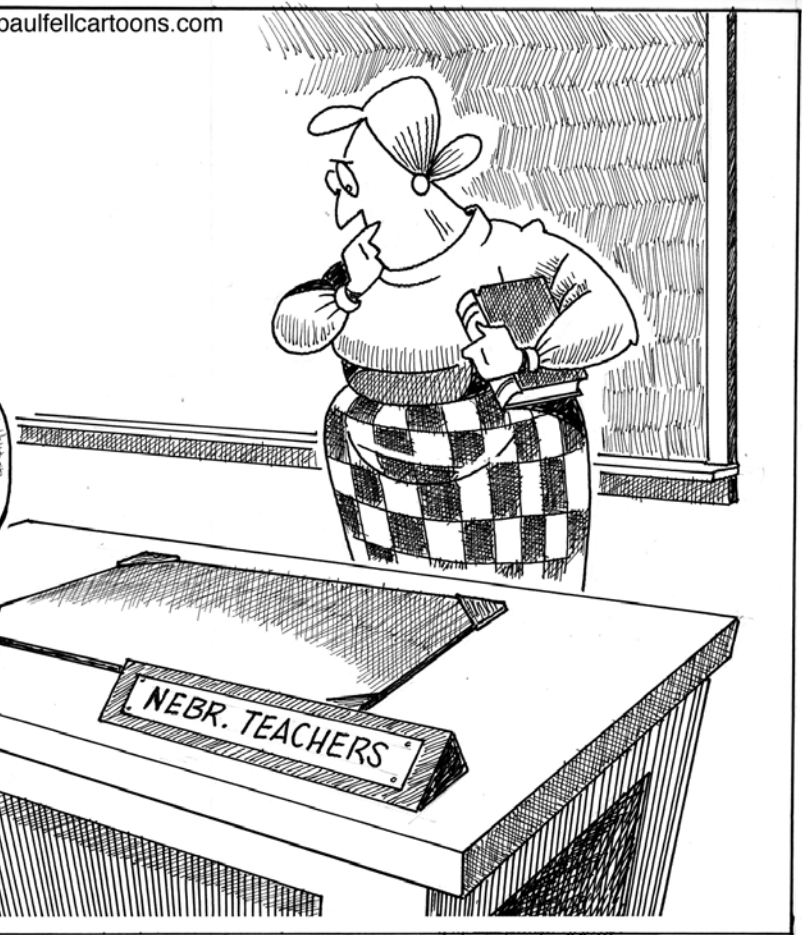
Groene says he has an amendment to replace the bill to authorize teachers and other school person-

nel to use “reasonable physical intervention” to protect the student, another student, a teacher, other school personnel or another person from physical injury. Such action could also be used to secure property in a student's possession if it poses a threat.

The amendment, thankfully, would require each school district to have a policy describing a process for removing a student from a class and then returning him or her to a class. It would be my hope that such a policy would be open to public scrutiny by teachers and parents alike. Otherwise, there are just too many questions.

Groene says it would also shield teachers, school personnel and school districts from criminal and civil liability if a physical intervention or removal was reasonable and in accordance with said policy. Yep, gotta have something for the lawyers.

Omaha Senator Machaela Cava-



Legislative Update

Short session underway, dates to know

Week two of the legislature proved to be fast and furious. We began full day debate on carryover bills first thing Jan. 13. The Governor gave his State of the State speech to the Unicameral and members of the public on Jan. 15, and an additional 119 bills were introduced.

What happened this week:

Diving right in, I introduced Legislative Bill 768 (LB768) last week and Legislative Resolution 293 (LR293) on Monday.

LB768 represents the annual legislative update which harmonizes Nebraska law with federal regulations by adopting the Federal Motor Carrier Safety and Hazardous Material Regulations current as of Jan. 1, 2019. The adoption of these regulations is required on an annual basis to incorporate new or revised federal regulations into State Statute. The State Statutes must remain current with the federal regulations to avoid incompatibility and to prevent jeopardizing Nebraska's Motor Carrier Safety Assistance Program (MCSAP), which is funded by the Federal Motor Carrier Safety Administration. The bill was referred to the Transportation and Telecommunications Committee and is first on the agenda to be heard Jan. 21.

I was also pleased to honor Allen Beermann by introducing LR293. The resolution was signed onto by all 49 senators, which says so much about this man and his lifelong service to Nebraskans! Jan. 14 was Mr. Beermann's 80th birthday and after he was introduced by the Lt. Governor Foley, I was able to take a few minutes to let my colleagues know that Mr. Beermann grew up in Dakota County and to point out a few of his many accomplishments from military service to being the longest serving Secretary of State and going on to serve in leadership of the Nebraska Press Corps. The well-deserved Legislative Resolution will be signed this coming week.

While the first three days were short sessions, this week the Legis-

lature went to full days and debated two carryover priority bills, LBs 147 and 153.

LB153 advanced to select file on a vote of 43-0. I was proud to cast my vote for this important bill that exempts from income tax 50 percent of military retirement benefits. Like so many of my colleagues, I appreciate the service of our military men and women and want to show that gratitude in whatever way I am able. This bill allows me to not only recognize their service, but also to show that we appreciate the contribution they make to the fabric of our communities by choosing to live, work and play in Nebraska after their military service.

LB147 also had first round debate but without advancing to select file. LB147 would allow for educators to physically intervene and remove a student from the room if a student is acting violent in order to maintain safety and order in the classroom. Senator Groene introduced LB147 after receiving a plea for help from teachers, administrators and the NSEA. Thousands of teachers responded to a NSEA survey with stories of violence and outbursts in the classroom. One teacher wrote “I have had 20 or so students threaten or commit violence at me or towards classroom staff over 10 years. Three current. General attitude towards these students is ‘they can't help it’ or ‘no one cares enough to help.’” Another wrote “I was punched in the stomach while pregnant on more than one occasion.” These stories are startling and it is critical that we protect our teachers. It is evident that teachers feel the need for the support this bill will offer in order to feel they can be safe and keep their classrooms safer. There was a lively debate about LB147 and Senator Groene is working to address some of the issues and suggestions brought forward on the floor in hopes of finalizing a bill that can be passed by the body.

naugh opposes the measure. She says state law already authorizes teachers and administrators to defend themselves. She says it also fails to address the root cause of problems such as large class sizes, adverse childhood experiences and a lack of behavioral and mental health services.

Her Omaha colleague, Senator Justin Wayne, has filed a motion to kill the bill. He says minority students in Nebraska are five times more likely than other students to become involved in the student discipline process and therefore would be disproportionately affected by physical interventions.

Wayne says the measure will destroy relationships between students and teachers, parents and schools and the community and school district. There's also a shared concern among Wayne and other senators that teachers and other school personnel need to be trained in intervention and de-escalation techniques.

One of the bill's supporters says he'll introduce a companion measure to require such training and provide funding for five years of such. Read that: more school aid, something that is debatable all by itself. Imagine the debate that could ensue about what that training should look like, to say nothing of the fact that it's maybe not a good idea for the state to dictate same.

I'm sorry that it has come to this. I agree with the opponents that perhaps the real problem is a whole lot of outside circumstances that have nothing to do with public education and a whole lot to do with parental discipline.

That's debatable and certainly not something that can be legislated. At least not in a short session of the Unicameral in an election year.

J.L. Schmidt has been covering Nebraska government and politics since 1979. He has been a registered Independent for 20 years.



Legislative Update
By Joni Albrecht
State Senator, District 17

You can also find instructions for sending letters to voice your position on a specific bill in a specific committee. As a reminder, letters for the record need to be received by the committee by 5 p.m. the day before the hearing. If you decide to come to Lincoln to testify at a hearing, please let us know you are coming and if you like, come before lunch to see your legislature in action. Even if you don't call, please make it a point to stop by my office, #1404, and say hello!

The Speaker has indicated that bills on select file will begin receiving second debate Friday, Jan. 24.

Dates you should know:

Jan. 21 (Tuesday). Committee Hearings began at 1:30 p.m. Introduction on new bills and debate on carryover bills will continue during morning session.

Jan. 22 (Wednesday). Chief Justice Heavican delivers the Nebraska State of the Judiciary Address to the Legislature.

Jan. 23 (Thursday). Last day to introduce new bills for consideration in this Legislative Session.

Jan. 31 (Friday) is Veterans' Legislative Day at the Capitol, with registration at 7:45 a.m. at the Warner Chamber; program at 8:15 a.m. Visit the Legislature in session at 9 a.m. Veterans are encouraged to attend and take time to visit with your senator.

April 23 (Thursday). Last day of 2020 Legislative Session (Short 60-day)

Any bills that do not see final decisions by the last day of session will not carry over to the 2021 session.

As always, it is of great importance that I hear from my constituents to effectively do my job as your voice in the Legislature. I encourage you to contact me and I look forward to hearing from you. You can reach me by phone at (402) 471-2716 or by email at jalbrecht@leg.ne.gov

Wayne City Council Members

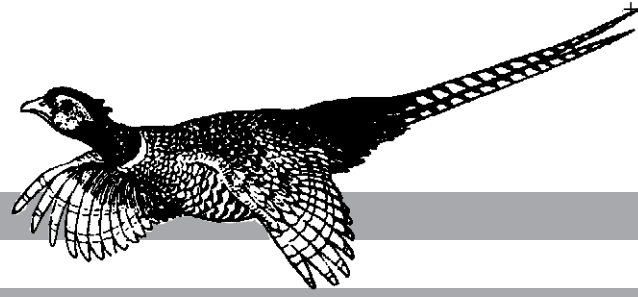
First Ward Terri Buck — 369-1740 Chris Woehler — 369-0051	Third Ward Dwaine Spieker — 518-8813 Jason Karsky — 369-3877
Second Ward Jennifer Sievers — 833-1234 Matt Eischeid — 375-1944	Fourth Ward Jon Haase — 375-3811 Jill Brodersen — 369-1304

Mayor
Cale Giese
369-2145

The Wayne City Council meets the first and third Tuesdays of the month. Meeting times are at 5:30 p.m. at the City Council chambers, located in the Wayne City Offices at 306 N. Pearl Street.

Lifestyle

The Wayne Herald



What is the work of childhood? School Lunches

Think back to the things you enjoyed as a child. What were they? Taking timed tests on multiplication tables or memorizing the ABC song?

I'm guessing those aren't really things you care to remember. I remember playing house during dramatic play in my kindergarten class. I remember dressing up like a train engine to put on a play of "The Little Engine that Could". I remember playing sharks and minnows in our swimming pool at home. What is the common theme here? Play.

Play is the work of childhood. As adults, we get so caught up in the hustle and bustle of the day and the constraints that are put on both us and our children. As parents, we need to take a stand and just stop. Stop allowing play to be taken out of childhood. Stop over-scheduling our children with back-to-back activities, events and assignments. Stop forcing our children to grow up faster than they already are. Let them play. Let them explore. Let them discover.

What does that mean? I can

Dixon County

Sarah (Paulos) Roberts

Extension Educator



UNL Extension

almost guarantee that "play" to a

child means freedom. Freedom to be creative, be left alone and be themselves without a time limit, an agenda, or an assessment. Time is something that keeps on going no matter what. We can't slow it down and we can't speed it up. As we start this new year, I encourage you to think like a child again and play. Play with your children and let them experience a side of you that may have been forgotten. They are going to grow up, but for now, let them do their work of being a child.

Acme Club learns about Savidge Amusement Co.

Members of ACME Club gathered in the Senior Center Conference Room on Jan. 6 after lunch at the Wayne Senior Center.

ing with roll call, asking the members if they had taken their families to a circus. Many memories were exchanged with one member stating that she had gone once and "never

again" planned to do so.

Betty Wittig offered the Thought for the Day, "You are never too old to set another goal or dream a new dream," a quote from Les Brown.

Correspondence was read. Sympathies were extended to Koch and her family on their loss. Following the reading of the minutes and the treasurer's report, the meeting was adjourned.

The rest of the afternoon was spent enjoying nuts and sweets, while hostess Koch presented those in attendance with many wonderful bits of information regarding the Walter Savidge Amusement Company, which headquartered in Wayne. Many of their headquarters' buildings are still standing along the southern end of

Main Street in Wayne.

Much of the information was researched via the Nebraska State Historical Society, including photos. The Wayne-based traveling show and carnival toured Nebraska and surrounding states from 1906 to 1941. At their peak, they pulled into many area depots aboard a 20-car, red and yellow Pullman train.

Walter and his brother Arthur, formed the amusement company in 1906 when Walter was only 20 years old. Walter T. Savidge was born in Deloit, Neb. in 1886. He grew up in Humphrey, practicing aerialist stunts he had seen by walking a tightrope between the family barn and a shed. In 1911, he married Mabel Griffith, whom he had met while he was performing at the fair in Wayne.

The group consisted of as many as 125 employees, while the big tent held 1,600 people with players who performed popular dramatic productions from the big stage as the main attraction. Outside the big tent acts were also rides, sideshows and animals. After Walter and Mabel separated the company from Walter's brother Arthur, they took the shows on the road for 35 more seasons until they retired the show in 1941.

Walter died in Wayne on Sept. 20, 1949, while Mabel continued giving piano lessons using the piano lesson book she had published earlier. She died in 1989 at the age of 104. Earlier, she had played piano during many of the shows and managed the finances for the business. The company was known for providing clean, family-friendly entertainment, unlike many of the traveling carnivals.

Many of the ACME Club members remember Mabel and seeing her around town and later at the care center. It is told that the house they built in Wayne is now the home of Terry and Sandra Bartling.

ALLEN COMMUNITY SCHOOLS (Jan. 27 — 31)

Monday: Breakfast — Omelet. Lunch — Italian Dunkers, marinara sauce, green beans.

Tuesday: Breakfast — Breakfast pizza. Lunch — Biscuit & gravy, corn, cheese stick.

Wednesday: Breakfast — French toast. Lunch — Teriyaki chicken, Asian rice, tea roll.

Thursday: Breakfast — Breakfast slider. Lunch — Chicken Alfredo, peas, tea roll.

Friday: Breakfast — Pancake & sausage. Lunch — Mini corn dogs, baked beans.

LAUREL-CONCORD-COLERIDGE COMMUNITY SCHOOLS (Jan. 27 — 31)

Monday: Breakfast — Breakfast cookie. Lunch — Chicken nuggets.

Tuesday: Breakfast — Mini French toast. Lunch — Chicken noodle soup.

Wednesday: Breakfast — Breakfast sandwich. Lunch — Burrito.

Thursday: Breakfast — Dutch waffles. Lunch — Tater tot casserole.

Friday: Breakfast — Scones. Lunch — Philly sandwich.

Menus are the same for Elementary, Middle and High School and are subject to change. Cereal offered for breakfast everyday. Chef salad alternative at lunch.

WAKEFIELD SCHOOLS (Jan. 27 — 31)

Monday: Breakfast — Bagels, peaches. Lunch — Meatloaf, mashed potatoes, dinner roll, melon.

Tuesday: Breakfast — Cinnamon bun, mandarin oranges. Lunch — Barbecue pork sandwich, carrots, fresh fruit salad.

Wednesday: Breakfast — Pancake sandwich, strawberries. Lunch — Chicken nuggets, California blend, dinner roll, applesauce.

Thursday: Breakfast — Pancake on a stick, pears. Lunch — Chili cheese fries, dinner roll, pineapple.

Friday: Breakfast — Cereal, crispy rice bar, applesauce. Lunch — Creamed chicken on a biscuit, peas, juice.

WAYNE COMMUNITY SCHOOLS and ST. MARY'S ELEMENTARY (Jan. 27 — 31)

Monday: Breakfast — Whole

grain waffle. Lunch — Chicken nuggets, dinner roll, potato, cherry tomato, applesauce.

Tuesday: Breakfast — Pancake on a stick. Lunch — Chili soup, roll, baby carrots, strawberries.

Wednesday: Breakfast — French toast sticks. Lunch — Hot ham & cheese, bun, broccoli, corn, orange.

Thursday: Breakfast — Breakfast sandwich. Lunch — Tacos, lettuce, green beans, pears.

Friday: Breakfast — Breakfast pizza. Lunch — Hot dog on a bun, sweet potato fries, cauliflower, peaches.

Fruit and vegetable bar available for K-12 with every reimbursable meal at breakfast and lunch. Chef salad is optional for K-12. Milk served with every meal. Menus subject to change.

WINSIDE PUBLIC SCHOOLS (Jan. 27 — 31)

Monday: Breakfast — French toast sticks. Lunch — Taco, seasoned black beans, raspberry applesauce, churro.

Tuesday: Breakfast — Muffin. Lunch — Creamed turkey, mashed potatoes, peaches, roll.

Wednesday: Breakfast — Pancake, sausage bites. Lunch — Hot dog on bun, smiley tots, mandarin oranges.

Thursday: Breakfast — Cereal. Lunch — Spaghetti, peas, pineapple, garlic bread.

Friday: Breakfast — Egg taco. Lunch — Popcorn chicken, green beans, pears, roll.

Chef salad, fruit and vegetable bar daily. Milk served with all meals. Menu subject to change. Late starts - no breakfast or K-3 salad plates.

Senior Center Calendar

(Week of Jan. 27 — 31)

Coffee Time at

8 a.m. and 2:20 p.m. daily.

Monday, Jan. 27: Morning Walking; FROG exercises, 9:15 a.m.; Quilting; Hand & Foot; Pitch; Pool.

Tuesday, Jan. 28: Morning Walking; FROG exercises, 9:15 a.m.; Quilting; Caregiver Support Group, 10 a.m.; Afternoon Bridge Club; Hand & Foot; Pitch.

Wednesday, Jan. 29: Morning Walking; FROG exercises, 9:15 a.m.; Quilting; Brookdale Fun, 12:15 p.m.; Hand & Foot; Pitch; Pool.

Thursday, Jan. 30: Morning Walking; Quilting; FROG Exercises; Afternoon Bridge Club; Health Fair Open House, 4 to 5 p.m.

Friday, Jan. 31: Morning Walking; FROG exercises, 9:15 a.m.; Deb Dickey on piano, 11:30 a.m.; Quilting; Bingo Day Luncheon Certificates by Providence, noon; Hand & Foot; Pitch; Pool.

Senior Center Congregate Meal Menu

(Week of Jan. 27 — 30)

Meals served daily at noon.

For reservations, call 375-1460

Each meal served with water, 2% milk, skim milk and coffee.

All menus subject to change.

Monday: Sliced pork roast with sauerkraut, mashed potatoes with gravy, mixed vegetables, whole wheat dinner roll, hidden pear salad.

Tuesday: Turkey tetrazzini, Italian peas, biscuit, strawberry shortcake, tomato juice.

Wednesday: Ham balls, baked potatoes, stewed tomatoes, dinner roll, tapioca fruit salad.

Thursday: Fish sandwich on a homemade bun, tarter sauce, lettuce leaf, dilled carrots, au gratin potatoes, mixed fruit.

Friday: Liver & onions or hamburger and sautéed onions, mashed potatoes with gravy, green beans, dinner roll, mandarin oranges.

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Wayne Community Schools
Board of Education

BROWN BAG LUNCH

Tuesday, January 28
Noon
Jr/Sr High School Lecture Hall

Bring your lunch and join us to hear all that is happening at Wayne Community Schools and the Board of Education future initiatives!

Water, coffee, and cookies will be provided.

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CONTEST RULES: Go to mywaynews.com/love-selfie and upload a picture before Feb. 6. From Jan. 20-Feb. 6, the general public will be allowed to vote on your favorite picture, which can be done once a day. On February 13, the couple whose pictures got the most likes will receive a gift basket containing items from our participating sponsors. The name of the winner will be announced on our Facebook page and in Morning Shopper. Participants must be 18 years old or more. Newspaper employees and their families as well as the employees of the sponsoring businesses and their families are not eligible to participate in this contest.

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DINNER SPECIALS

Sunday — Chicken Fried Chicken or Chicken Fried Steak, Mashed Potatoes, Gravy - \$8.50
Tuesday — Hot Beef Sandwich - \$8.95
Wednesday — Meatloaf, Mashed Potatoes & Gravy, Veggie - \$8.95
Thursday — Butterfly Pork Chop, Rice & Beans - \$8.95
Friday — Fish & Chicken Feast - Fish will alternate weekly.
2 Pc. Chicken, 2 Pc. Fish, Baked Beans & Coleslaw - \$9.50

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Reasons for attending church services listed

I decided to tackle a more sensitive and difficult topic this week than I normally do. I hope that everyone will take what they can from this article and try not to feel any judgment. I would never intentionally judge anyone....

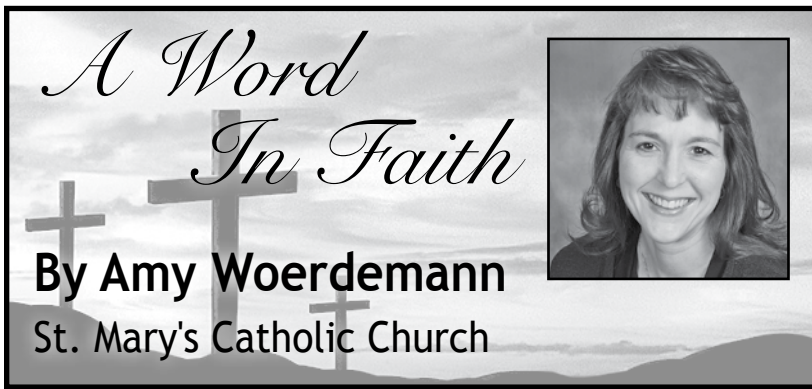
Up until about nine or ten years ago I wasn't very good about going to church on a regular basis. I would say things to myself such as "I can be spiritual without being religious", "I don't need to be in a church to know God" or "most of the people in that church are just hypocrites". Although I still struggle at times with attending church every week, I have come to realize that going to church is more than just about me. It is about others, praying with others and realizing that Jesus loves me no matter what I have done.

I really do understand how difficult it can be to go to church. Many weekends when I enter our church I hear this voice in my head saying "you are not worthy to be here". I know that this is a lie and that those words are not from God. We are all worthy and loved. We just have to start believing it.

I have listed a few reasons why it is important to go to church. Please do not be offended that I will reference the Catholic Mass with many of these reasons. I am Catholic and it is what I know. I love the Catholic faith and it is where I belong but...I also have such great respect for all denominations. I hope that anyone who has ever worked with me on ecumenical projects gets the sense that I truly am about bringing others to know and love God.

1. The Eucharist (Communion). The Body, Blood, Soul and Divinity of Jesus Christ is available to us! It is the pinnacle of our life as Christians. What better way to follow Jesus than to receive Him in the Eucharist! Sometimes the teaching on the Eucharist is hard for us to understand. It was hard for His followers too - read John 6.

2. Grace. Grace is God's life and



God's help given to us to live a better life in Him. We receive grace through the sacraments. Mass is loaded with grace - ready for us to receive. The more open we are to it - by actively participating, the better!

3. The Third Commandment. Keep holy the Sabbath. Simple words, simple meaning. "So God blessed the seventh day and hallowed it; because on it God rested from all his work." (Genesis 2:2) We, too, must keep it a special and holy day. The church teaches that Mass is the most important way to do just that. It is not just a good idea - it is our obligation as People of God. Remember the words of Jesus - "If you love me you will keep my commandments" John 15:15. For Christians, the Sabbath is now the first day of the week, Sunday, because it was on Sunday that our Lord rose. We started the week with a day totally devoted to our God. Liturgy Rocks.

4. Community. We are the Church, the Family of God. God's people are not in this world to struggle along by themselves. We are all one in the Body of Christ. At Mass we join with Him in a special way. We join with those around us. It is a time to be with others for prayer and friendship. It is a mystical connecting with all our brothers and sisters around the world and in heaven. Through Christ we become a community unlike any we know on earth. It is a glimmer of what heaven will be like.

5. Prayer. The Mass is the ultimate prayer. There is singing,

psalms, prayers of thanksgiving, prayers seeking forgiveness, prayers of worship and praise, the Lord's prayer and more. We pray as individuals and as a group. If you struggle with going to Mass - think of it from this perspective. The words we say are more than just a reply to the priest's words - they are prayer! Read them, say them, sing them, shout them, BELIEVE THEM!

6. The Bible. Every time Mass is celebrated we hear the Word of God. We hear from the Old Testament. It sets the stage for the Gospel reading. We hear from the New Testament - perhaps a letter from Paul or the Acts of the Apostles. In the Gospel we learn about Jesus from Matthew, Mark, Luke or John. Sometimes the readings are familiar, sometimes not. If you don't read the Bible on your own - here is a chance to hear it proclaimed. If you do read the Bible on your own, Mass is a time to get a better understanding of what you are reading. Jesus never said anything about go and write the Gospel for the world, he said go and PROCLAIM the Gospel. So we do.

7. The Our Father. We use the words Jesus gave us and pray together as a family. Remember - it is the "Our" Father, not the "My" Father. Jesus wants us to pray together! The Our Father is the perfect prayer - we give praise to God, we ask that our lives be lived His way instead of our way, we ask for His continued presence in our lives,

we ask for His forgiveness, and we pray for His strength in the battle against evil. It's all there. Pray it! Mean it!

8. Making time with God. If nothing else, ask yourself if you have at least one hour a week to set aside for God. Think of that. Imagine Jesus hanging on the cross, dying for YOU - and all He asks is that you join Him on Sunday for an hour or so, "Do this in remembrance of Me" (Luke 22:19) Can you do it? Yes. The question is - will you do it, for Him?

10. It's what Jesus wants us to do. Period. Once you figure out what Sunday Mass is all about then ask yourself this question. Self, am I the type of person to always do the bare minimum? Do I only show up for the game, or do I spend time practicing? Do I only practice the piano when I have to? If you want to really be good at anything, the bare minimum is never enough. Being a Christian is no different. Try going beyond the minimum with Mass. Find a weekday Mass you can attend even one day a week. What an awesome way to say to God, I am not just trying to squeak into heaven. I want to get as much of You as I can as often as I can.

I encourage you, if you're not attending a church, start by just showing up. God will meet you there. I'm not trying to guilt you into finding or attending church; instead, I hope you'll be encouraged that the church is big and beautiful and important and, yes, sometimes messy. God's invited us to be radically changed through our relationships in church.

"... Usually it is those who know Him that bring Him to others. That is why the Church, the whole body of Christians showing Him to one another, is so important." ~C.S. Lewis

Word in Faith is a collaboration of Wayne Association of Congregations and Ministers (WACAM), an organization partially funded by the Wayne United Way.

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Saved from a peritonsillar abscess

I came down with an unrelenting sore throat about 15-20 years ago. For years I have tried to be discreet in prescribing antibiotics in most of my patients, for fear of causing resistance in bacteria to the antibiotic.



The Prairie Doc
By Dr. Rick Holm, MD

of brown liquid. He smiled and said, "You have a peritonsillar abscess."

I had pain localized to the left side of my throat which was made worse with swallowing and which was suspicious for peritonsillar abscess. Other symptoms that could indicate such a diagnosis include swollen tonsil or tonsils, uvular deviation away from the abscess, a mouth that doesn't open fully, purulence of one or both tonsils, drooling, swollen neck-lymph nodes and finally, a muffled voice.

Usually there are two organisms growing which makes this condition a double threat. If the infection is allowed to spread, the invasion of many layers of neck tissue can occur which leads to a progressive extension of the infection into deep tissue and possibly a dismal death. The infection can also spread to the other tonsil, which, when swollen and pushed up against the opposite

swollen tonsil, can block air flow and cause death from suffocation.

My doctor immediately sent me down to an infusion room and started the daily intravenous dose of an antibiotic that would be repeated daily for a week. This was not the first time or the last that antibiotics saved my life. Following this experience, I looked much more carefully at every patient with a sore throat, and, although I was still careful about over-prescribing antibiotics, I

prescribed antibiotics more often for swollen and ugly tonsils after that.

Richard P. Holm, MD is founder of The Prairie Doc and author of "Life's Final Season, A Guide for Aging and Dying with Grace" available on Amazon. For free and easy access to the entire Prairie Doc library, visit prairiedoc.org and follow Prairie Doc on Facebook, featuring On Call with the Prairie Doc a medical Q&A show streamed most Thursdays at 7 p.m. central.

Iowa State University announces fall 2019 Dean's List

AMES, Iowa) – A total of 10,066 Iowa State University students have been recognized for outstanding academic achievement by being named to the fall semester 2019 Dean's List. Students named to the Dean's List must have earned a grade point average of at least 3.50 on a 4.00 scale while carrying a minimum of 12 credit hours of graded course work.

Wayne's Jenna Elizabeth Trenhaile was among the students named to the Dean's List. Trenhaile is studying Animal Science.



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CATHOLIC SCHOOLS WEEK

JANUARY 26 – JANUARY 31

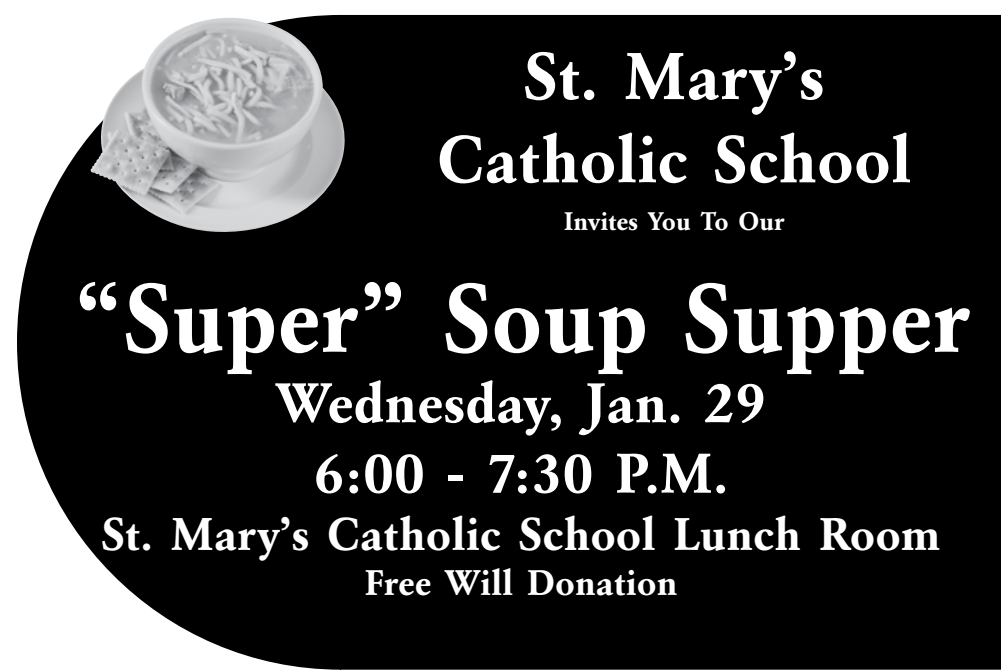
National Catholic Schools Week (CSW) is an annual celebration of Catholic education in the United States. Now entering its 46th anniversary year, we want to help showcase what makes Catholic schools the best. Students and staff will enjoy special dress up days and other projects throughout the week. And we'd like to invite all community members to join us for these Masses, assemblies and other activities to help celebrate our school.

Come to our
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Pre-registration for the 2020-2021 school year begins February 1, 2020.

St. Mary's Catholic School is open to all denominations. Please call 402-375-2337 for more information



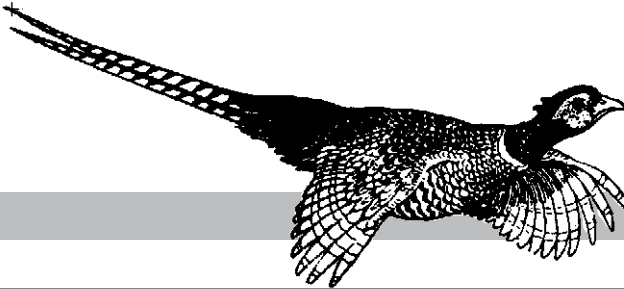
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St. Mary's Catholic School Lunch Room
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Beverages
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Free Will Donation
~ PUBLIC IS WELCOME ~

Donation will go towards Legion projects and scholarships



Events honor Martin Luther King, Jr.

It cannot warm up too soon for me!! And our icy streets need a LOT of warming and sun!

How about those Chiefs? Fifty years is a long time to go without a trip to a Super Bowl.

Today, we honor Martin Luther King. Did you know that his original name was Michael? And so was his father's? In 1934, the World Baptist Alliance sent Dr. King (the father) to Europe. While traveling in Germany, he saw the rise of Hitler's party and was disturbed by it. He also learned much about the great reformer, and when he came back to Atlanta, he changed his name and that of his son.

Today in Lincoln, there was the usual march to the Capitol, actually, the third such march in three days. The Right to Life walk took place on Saturday morning, and ironically, the Women's March was that afternoon. Today's involved many young people. Good for them, and it was COLD!

But I have to say I am more impressed by the Day of Service events that took place across the nation:



The Farmer's Wife
By: Pat Meierhenry

trees planted, meals packed by Fed Ex employees, letters of appreciation written to sanitation workers. You get the idea.

Something else that was commemorated today was the passing of the Prohibition amendment to

the Constitution. The sale or imbibing of alcoholic beverages was prohibited. I had not realized it lasted for thirteen years. It made me wonder about my dear Grandpa; he liked his beer. I bet he made his own; a lot of folks did.

So, that was one hundred years ago. One of the leading organizations promoting it was the Women's Christian Temperance Union. Mike's Aunt Ella was once the national president of this organization. And she could quote you a lot of statistics that showed fewer deaths from cirrhosis and fewer families devastated by too much imbibing.

According to the article I read, though, there were still the same amounts sold. It was just supposedly undercover. And it led to the rise of the moonshine industry . . . apparently there were just not enough enforcement officers to actually stem the activity. And, of course, there were some gangsters, like Al Capone, who made lot a of money supplying it.

By the time Mike's mother, and

his aunts, got involved, it had long been repealed, but they were sincere in their belief that it really was Demon Rum. They also opposed drugs; I wonder what they would think about the legalization of marijuana?

I respected them a lot. They were not afraid to stand up for what they believed in. Aunt Ella went personally to the Kearney City Council whenever they were considering a new liquor license. She wrote many letters for politicians and people in high places.

And I have to say she had a point. Have we really come so far in the need for liquid refreshment that we can go to a bar at Nebraska Furniture Mart? I guess they hope that the folks who stop there first will be quicker to buy their furniture or appliances without balking at the price.

Anyway, it all gives this old timer something to ponder. It's time now to get out the flannel pajamas and curl up with a good book! At least that is still legal and without nasty side effects!

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Cowherd Nutrition in Winter

I think the chilly winter weather is officially here. When it comes to winter feed needs, here are a few items to keep in mind for yourself or your hired help. Take time to carefully evaluate bulk feed inventory whether it be swine, cattle or any other livestock. Your CVA feed manufacturing locations can be impacted by bad weather and this can slow down the process of making feed. Plus, road conditions play a big part in the delivery of feed. Our feed team works hard to get quality feed out as quickly as we can even during times of unfavorable weather. As a producer, we ask you to watch the weather and place orders ahead of time to keep from running short. To help you be prepared, our CVA feed team can design a winter emergency plan if needed.

Winter needs not only apply to emergency feed plans, but livestock nutrition as well. When temperatures drop, livestock's nutritional needs go up. Planning and providing the basic needs include a balanced diet for a specific animal's condition, water, and shelter to keep your animals healthy and comfortable over the winter months. Animals need to consume more in cold weather to provide extra calories for heat energy. When the environment results in a temperature below the animal's lower critical temperature, the animal must increase heat production to maintain a constant body temperature. To produce more heat, the animal must either receive an increase in energy from a feed ration or draw from its body stores. A good rule of thumb is to increase the amount of feed by 1% for each degree of cold stress.

It has been well documented that most forages are low in phosphorus beginning in late summer and continue to decline into fall and winter. Cattle are more likely to be phosphorus-deficient during winter months and early spring after they have been feed stored forages for the winter. CVA offers a great line of products whether it be loose minerals, mineral and protein tubs, complete feeds, and supplements like liquid or cubes to help your livestock deal with the harsh Midwestern winters. Protein tubs and a 12-phosphorus mineral have been popular recommendations; however, we are now switching to a pre-calving/breeding mineral. Calving season is going to be here before we know it.

I encourage you to have our feed team at CVA help you develop a winter emergency plan. If you have any questions, stop by or call any of our CVA feed locations. Knowing your animals' daily consumption of feed and normal order schedule are important parts of an effective emergency plan if one would occur. Plus, as we get closer to calving, it's a good idea to have a few bags of colostrum and milk replacer on hand as well supplementing with minerals and protein over the harsh winter months. For additional information, please contact any member of the CVA feed team.

To learn more or to read the full article, visit cvacoop.com/blog.

By Brandi Salestrom
CVA Feed Sales Manager

Preparing for the calving season should begin now

By Larry Howard,
Extension Educator

It is time to start thinking about and planning for calving season. Planning ahead and being prepared can help increase the chances of success. You can begin by asking yourself two simple questions. Are my cows ready for calving? Am I ready for calving?

Ideally, we would like our cows to give birth to healthy, vigorous calves with little calving difficulty and successfully re-breed. A major factor to this happening is the nutritional status of the cows at calving.

Evaluating the nutritional status of your cows using Body Condition Scores (BCS) 60 to 80 days prior to the calving season provides a means to offset these problems. Cows with a BCS 5 and heifers with a BCS 6 on a 1 to 9 scale at calving are much less likely to suffer these problems and have a much greater chance of re-breeding. For more information on BCS scoring refer to "Body Con-



dition Scoring Your Beef Cow Herd" (<https://beef.unl.edu/learning/condition1a.shtml>).

Getting yourself ready for calving season starts with evaluating calving areas to make sure that all are clean, dry, strong, safe, and functioning correctly. Consider assembling all the needed supplies so everything is in one place. Supplies should include disposable obstetrical sleeves, disinfectant, lubricant, obstetrical chains, and obstetrical handles.

Lastly, before calving season starts, review and develop a protocol. Refer to the publication "Assisting the Beef Cow at Calving Time"

(<http://www.ianrpubs.unl.edu/epublic/live/ec1907/build/ec1907.pdf>) for more information. You should plan what to do, when to do it, who to call for help, and how to know when you need help.

Review these plans with all family members or your help. Make sure everyone is familiar with what to expect during a normal calving and how to determine if there is a problem. Visit with your veterinarian about the protocol and incorporate their suggestions. Having a plan and being prepared will help make the calving season a success. 2020 Nutrient Management Record Keeping Calendars are Now Available. An easy-to-use record keeping calendar for livestock operations that keeps track of manure related records is available to all livestock producers.

The calendar was designed to be used by all sizes of livestock operations and includes all records required for operations permitted for the National Pollutant Discharge Elimination System (NPDES). It

has been approved by the Nebraska Department of Environment and Energy (NDEE) and recognized by the U.S. Environmental Protection Agency (EPA) as a valuable resource for livestock producers.

Records of rainfall, storage depth gauge levels, and storage and equipment inspections are an important aspect of required manure and runoff storage records for a NDEQ permit. It also has a sample of an Annual Report that a CAFO must submit by March 1 of each year. These and other records will help you gain value from manure nutrients and document your stewardship of the environment. The calendar also has several pieces of information throughout that will be helpful to the producer.

The calendar is available for free. You can pick one up at the Cumming County Extension office or receive one by contacting Leslie Johnson (leslie.johnson@unl.edu) or the NDEE office. Calendars are good through January 2021.

Cold

From Page 4C
a need to seek shelter.

"If a person is intoxicated and passes out in cold weather, it's likely that they will develop hypothermia," Yoder says.

Medical conditions such as underactive thyroid, poor nutrition, anorexia nervosa, diabetes, stroke, severe arthritis, Parkinson's disease, trauma and spinal cord injuries can affect a body's ability to regulate body temperature. Some drugs can also impact the body's temperature regulation abilities. Those drugs include antidepressants, antipsychotics, narcotic pain medications and

sedatives.
An acronym to help protect yourself from development of hypothermia is: COLD.

C – COVER – Wear a hat or other protective covering to prevent heat escaping from your head, face and neck. Mittens (rather than gloves) are the ideal covering for hands.

O – OVEREXERTION – Avoid activities that cause you to sweat a lot. The combination of wet clothing and cold temperatures can accelerate heat loss.

L – LAYERS – Wear loose fitting, layered, lightweight clothing. Outer clothing made of tightly woven, wa-

ter-repellant material provides the best protection from wind. Wool, silk or polypropylene inner layers are preferable to cotton for holding body heat.

D – DRY – Stay as dry as possible. If clothing becomes wet, get out of it as soon as possible. It's easy for snow to get inside mittens and boots, making it especially important to keep hands and feet dry.

Anyone who develops hypothermia due to exposure to cold weather is also vulnerable to freezing of body tissues (frostbite) and decay and death of tissue resulting from an interruption of blood flow (gan-

grene).

After prolonged exposure to cold, a person may exhibit dilated pupils, decreased pulse, shallow breathing and/or loss of consciousness. In the event of these symptoms, emergency personnel (911) should be summoned. As soon as possible, move the victim to a warm room or shelter (i.e. a vehicle) and remove wet clothing. If available, provide a warm (nonalcoholic or caffeine-free) beverage for them. Keep them dry and warm by wrapping them in a blanket. If no pulse is found, cardio-pulmonary resuscitation (CPR) should be implemented.

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Organic workshop to be held Jan. 30

An organic farming workshop on Jan. 30 will assist growers who are seeking information on what is required to grow organic corn, soybeans, wheat, grain sorghum and forage crops. Nebraska Extension Educator, Keith Glewen says this program is geared for those individuals who wish to learn more about the components of successful organic grain production. "Extension professionals across Nebraska have experienced an uptick in the number of questions pertaining to organic grain production," Glewen said. "We are providing this educational program as an attempt to answer questions and provide additional information as it relates to getting started in this growing industry."

The "Starting an Organic Grain Farming Operation – What You Need to Know" workshop will take place on Thursday, Jan. 30 at the University of Nebraska Eastern Nebraska Research and Extension Center near Mead, from 9 a.m. – 3:15 p.m., with registration beginning at 8:30 a.m.

The workshop features speakers experienced in various facets of organic crop production and marketing. "The presenters have a wealth of experience with organic farming," said Nebraska Extension Educator, Gary Lesoing. "They will provide important information about the transition to organic farming and tools for success for farming organically."

Topics and presenters include:

- The Mental Transitioning from Conventional to Organic Farming - Dave Welsch - certified organic farmer since 1993, Milford,;
- Organic Certification- From Application to Certification Decisions - Clayton Blagburn, certification specialist, OneCert Organization Inc., Lincoln,;
- Organic Grain Marketing - Alex Wolf, Scoular organic grain manager, Omaha;
- The Importance of Cover Crops in an Organic Rotation - Jim Starr, Joel & Jim Starr Partnership, Hastings,;

Joel Gruver, Associate Professor of Soil Science and Sustainability Ag – Western Illinois University will speak on two topics - Farming System Strategies for Success in Organics and Weed Management in Organic Row Crops.

The program will conclude with a speakers' panel with the opportunity to interact with those directly involved in organic grain farming.

There is no fee to attend, but pre-registration is required by 4:30 p.m. on Jan. 28 to ensure resource materials are available and for meal planning purposes. Seating is limited. Registration and more information is available at: <https://enrec.unl.edu/neorganicgrainprogram>.

The workshop is sponsored by Nebraska Extension and the USDA Sustainable Agriculture Research and Education.

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Or
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